

Aetiopathogenesis of Vitiligo

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ABSTRACT Vitiligo is a chronic auto-immune disease characterized by skin depigmentation due to the loss of melanocytes. The better understanding of the disease mechanisms is currently undergoing a significant dynamism, opening a new era in therapeutic development. The pathophysiology of vitiligo has attracted the attention of researchers for years and many advances have been made in clarifying the crosstalk between the cellular players involved in the development of vitiligo lesions. The understanding of the complex interactions between epidermal cells (i.e. melanocytes and keratinocytes), dermal fibroblasts, and immune cells, led to a better characterization of the signals leading to the loss of melanocytes. Recent advances highlighted the role resident T memory cells in the development and recurrence of lesions. This narrative review aims to give an overview of the mechanisms leading to melanocyte disappearance in vitiligo, with a focus on the intercellular interaction network involved in the activation of the local skin immune response.

Introduction

The pathophysiology of vitiligo is complex and involves combinatorial factors (genetic predisposition, environmental triggers, intrinsic melanocyte abnormalities, oxidative stress), leading to an exaggerated activation of the innate and adaptive immune response (Fig. 1) [1]. Genome wide association studies (GWAS) have improved the understanding of the genetic architecture of vitiligo. It is considered that the overall risk of vitiligo linked to genetic determinants

is high, corresponding to about 80% of the risk, whereas environmental factors account for 20% [2,3]. Indeed, four large-scale GWAS, three of which were carried out on European and North American populations and one on an Asian (Chinese) populations, identified more than fifty vitiligo susceptibility genes [4–7]. Interestingly, most of these genes are associated with proteins related to innate, adaptive or regulatory immune responses. Others regulate cell apoptosis and some genes are related to proteins regulating melanocyte function. This review discusses how the crosstalk between

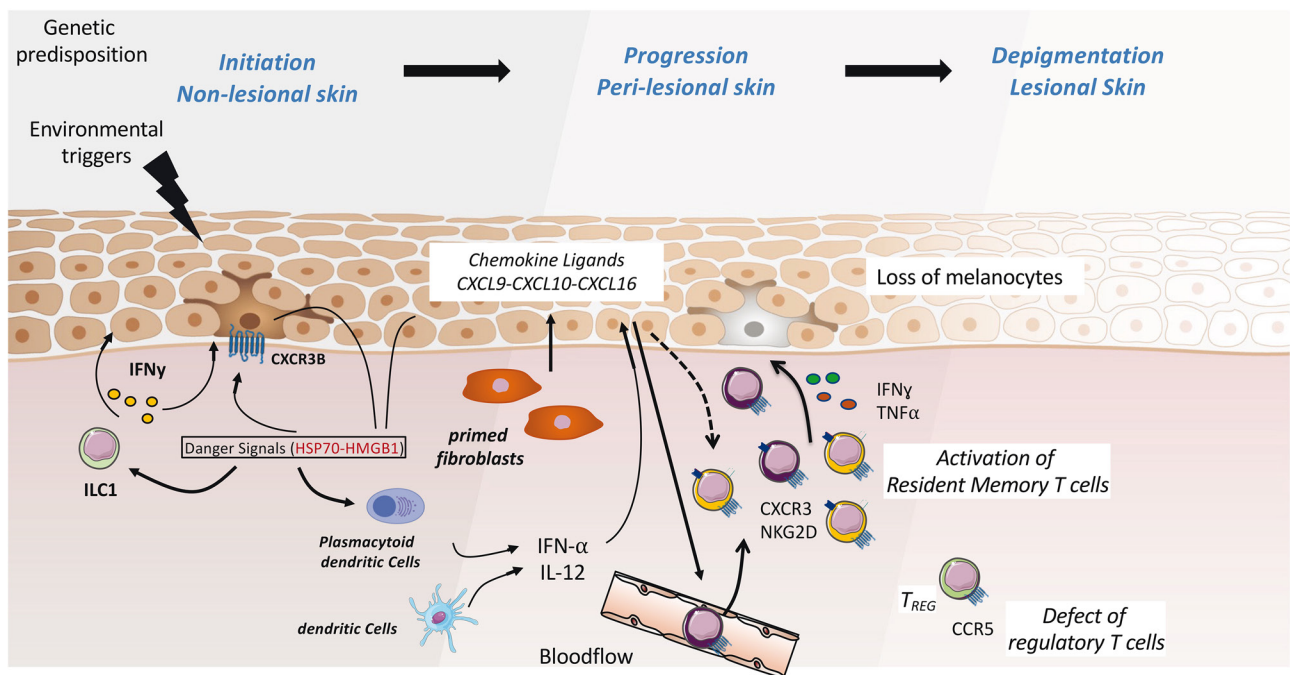


Figure 1. Pathophysiological mechanisms of vitiligo. In a genetically predisposed individual and under environmental triggers, epidermal cells (keratinocytes and melanocytes) will release danger signals (e.g.: HSP70), leading to the activation of the innate immune system. IFN γ -producing innate lymphoid cells (ILC1) or IFN α -producing plasmacytoid dendritic cells will induce the production of chemokines, such as CXCL9, CXCL10, or CXCL16 by epidermal and dermal cells. Melanocytes expressing the CXCR3B subunit can be impacted by the interaction with these ligands. Together, these events will induce local activation of resident memory T cells and the recruitment of circulating T cells expressing CXCR3 and NKG2D and producing elevated levels IFN γ and TNF α , leading to the loss of melanocytes and depigmentation.

epidermal, dermal, and immune cells leads to melanocyte disappearance in vitiligo.

Initiation of the Disease: Bridging Oxidative Stress, Epidermal, Dermal Cells and the Activation of the Innate Immune Response

For many years, it has been considered that melanocytes located in the non-lesional pigmented skin of vitiligo patients are more sensitive to oxidative stress by releasing elevated levels of reactive oxygen species (ROS), associated with an imbalance in the antioxidant system [8]. Keratinocytes and fibroblasts also display increased levels of ROS [9]. This accumulation of ROS leads to several intracellular events such as DNA abnormalities and premature apoptosis that induce the release of several melanocyte peptides as well as abnormal melanocyte function and melanin production [8].

Melanocytes produce pro-inflammatory signals such as damage-associated-molecular patterns (DAMPs) and chemokines, leading to the activation of the immune response and the recruitment of immune cells. Among these danger signals, inducible heat shock protein 70 (HSP70i), calreticulin (CRT) or high mobility group B1 (HMGB1) proteins are the most evaluated in vitiligo [10–14]. These DAMPs released in the extracellular environment are likely bridging cellular stress and the autoimmune response directed against melanocytes in vitiligo, and could therefore represent interesting potential

targets to prevent the initiation of disease-causing autoimmunity [15]. Indeed, HMGB1 can induce the production of chemokines, such as ligand (C-X-C motif) CXCL16 or interleukin (IL)-8 by epidermal cells (melanocytes and keratinocytes), which are important for the recruitment of immune cells [11]. CRT may induce apoptosis of melanocytes and the release of membrane debris important for immunogenicity [10]. Lastly, several studies from the group of Le Poole emphasized the role of HSP70i in vitiligo [13,16–18], and our group showed its involvement in the activation of innate immunity and the production of type I interferon (IFN) [14].

Keratinocytes also play an important role in the pathophysiology of vitiligo. Structural alterations of keratinocytes have been observed in the non-lesional skin of patients, with abnormal thickening of the epidermis due to an increase in the spinous layer [19]. Alterations of basal and suprabasal keratinocytes, in particular vacuolar degeneration and spongiosis, are sometimes found [20]. At the peri-lesional site (at the edge of the lesions, where melanocytes are still present), keratinocytes have the capacity to produce several factors that contribute to the generation of a pro-inflammatory environment, such as stem cell factor (SCF), endothelin-1 (ET-1), and pro-inflammatory cytokines like IL-1 β , IL-6, and tumor necrosis factor (TNF)- α . Danger signals produced locally in the skin are responsible for the activation of the pyrin domain of NOD like receptor (NLR) proteins, such

as NLRP3, an inflammasome activating protein, promoting the secretion of IL-1 β and IL-18 [21]. In addition, keratinocytes from vitiligo non-lesional and peri-lesional skin release chemokines involved in the recruitment of T cells in the skin, like CXCL9, CXCL10, and CXCL16. CXCL9 and CXCL10, induced by IFN γ (an important cytokine in the pathophysiology of vitiligo), bind to their cognate receptor CXCR3 expressed on immune cells, and most T cells in vitiligo patients skin express CXCR3 [14,22–24]. In addition, Xu et al. recently showed in a mouse model of vitiligo that IFN γ -responsive dermal fibroblasts, through their release of chemokines, are active players in the homing of CD8 T cells to the skin [25].

Another innate inflammatory signature found increased in peri-lesional areas of vitiligo is the IFN α pathway, which contributes to the activation of antigen-presenting cells in the skin and the production of chemokines to reinforce the recruitment of other immune populations at the peri-lesional site [26,27]. IFN α production is linked to the presence of plasmacytoid dendritic cells and induces the release of chemokines such as CXCL9 and CXCL10 by epidermal cells [14,26]. In addition, the presence of innate immune lymphoid type 1 cells (ILC1) in vitiligo skin has been recently demonstrated, which respond to non-specific stimuli and produce significant amounts of IFN γ during the initiation of the disease, leading to early melanocyte apoptosis [28].

Progression Phase of the Disease: Involvement of a Cutaneous Immune Memory Response

Following these initial events, vitiligo skin is characterized by the presence of a localized T cell infiltrate close to the epidermis and residual melanocytes, mainly consisting of CD8 T cells. Recent studies highlighted the involvement of resident memory T cells (T_{RM}) in disease pathogenesis [24,27,29–31]. T_{RM} are long-lived memory T cells that persist in tissues like the skin and are characterized by a specific transcriptional program [32,33]. They express characteristic cell surface markers involved in their retention in the tissue, such as CD69, CD103, or CD49a, the latter marker defining a subset of T_{RM} cells with cytotoxic properties [29,34–36]. It is now clear that the micro environment plays a crucial role in the formation and regulation of T_{RM} . Indeed, the expression of CD103 is dependent on transforming growth factor (TGF)- β [36], and a growing number of studies reported the involvement of several pro-inflammatory cytokines involved in T_{RM} homeostasis, such as IL-15, IL-12, IL-18, IL-33, IFN γ , TNF α [32]. The presence of T_{RM} in vitiligo skin is undoubtedly linked to the recurrence of lesions on previously affected anatomical sites that have repigmented following treatment [37], as shown in psoriasis or atopic dermatitis [38–40]. Therefore, owing to their functional role in the pathogenesis of vitiligo, targeting T_{RM} appears as a reliable therapeutic strategy.

Vitiligo: Mainly a Type 1 Skewed Immune Response

Analyses of vitiligo peri-lesional and lesional skin revealed upregulation of type-1 associated pathways. Vitiligo is consistently associated with an infiltration of CD8 T cells producing high levels of IFN γ and TNF α . These T cells are characterized by the expression of the receptor CXCR3 that respond CXCL9 and CXCL10, which are highly expressed in the skin of patients [24,41–44]. Targeting the CXCR3-CXCL9 and CXCL10 axis in vitiligo seems to be a promising therapeutic strategy in vitiligo [43,45]. Our group showed that natural killer group 2 member D (NKG2D) defines a subset of highly functional memory CD8 T cells in vitiligo and may represent a potential therapeutic target [46]. This type-1 immune response appears to be a key driver of melanocyte loss in vitiligo and participates in every stage of the pathogenesis. To date, IFN γ and TNF α immune pathways are the most studied in vitiligo. The binding of IFN γ to its receptor induces a signaling dependent of the Janus kinase (JAK) and signal transducer and activator of transcription (STAT) pathways, in particular the activation of JAK1/2 and STAT1. Interestingly, JAK inhibition appears to be a reliable strategy to treat patients and ruxolitinib cream (a topical JAK 1 and JAK 2 inhibitor) is now approved both in US and EU for the management of vitiligo [47–49]. IFN γ induces the production of CXCL9 and CXCL10 by keratinocytes, amplifying the inflammation and the recruitment of immune cells expressing CXCR3 which will promote the progression of vitiligo [14]. IFN γ and TNF α also have a direct impact on the function of melanocytes by decreasing the pigmentation process [50–55]. We recently demonstrated that the combined activity of these two cytokines induces the disruption of E-cadherin expression, the main protein responsible for the adhesion of melanocytes to keratinocytes, leading to their destabilization and detachment [53]. In addition, Tullic et al. showed that melanocytes are able to express the B isoform of CXCR3 in response to IFN γ , making them more susceptible to apoptosis in response to CXCL10 [28].

Additional cytokines and signaling pathways may also be involved in vitiligo pathogenesis. For example, elevated levels of IL-17 and IL-23 are found in the serum and/or skin of vitiligo patients, and IL-17 has been reported to regulate melanocyte function and survival [56]. However, targeting IL-17 in vitiligo patients did not show a major benefit [57]. Type-2-related cytokines have been reported increased in vitiligo patients' blood, and few studies showed an inhibition of melanogenesis in response to IL-4 and IL-13 [58–62]. Our group found that vitiligo skin is also associated with a type-2 immune response and an increased production of IL-13 by T cells [27]. In addition, Jin et al. reported that IFN γ -induced dermal fibroblasts to release CCL2 and CCL8, inducing a type-2 cytokine profile in vitiligo skin lesion [63]. However,

the precise role of type-2 related cytokines in the development of vitiligo remains unclear.

Defects in Immune Regulation During Vitiligo

Like any chronic inflammatory disease characterized by an exaggerated immune response, vitiligo is associated with a disruption of immune regulatory systems. Indeed, GWAS identified a polymorphism of FOXP3 gene, the main transcription factor of regulatory T cells (Tregs), in vitiligo, but also of genes involved in regulation of the immune response, such as CTLA-4 (cytotoxic T lymphocyte antigen 4), IL-10, and TGF β [3,64,65]. However, it is still unclear whether this defect in the regulation mechanisms results from reduced migration of Tregs into the skin and/or loss of suppressive function of these cells, which would favor the exacerbated effector activity of CD8 T cells [66,67]. Chemokines and their receptors appear critical factors to replenish Tregs in the skin and ensure their immunosuppressive function. For instance, enhanced skin expression of CCL22 induced migration of Tregs into the skin and reduced depigmentation in vivo in mice [68]. In addition, Gellatly et al. showed in a vitiligo mouse model that CCR5/CCL5 axis facilitates Tregs function in the skin [69]. Hence, therapeutic strategies aiming to restore Tregs abundance and function in the skin may be promising for patients [70].

Conclusion

The development of vitiligo lesions involves a complex cross-talk between epidermal, dermal, and immune cells. Such understanding of the mechanisms leading to the loss of melanocytes led to the identification of several targets and the development of future targeted therapies that will undoubtedly improve the management of the disease.

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