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1 **Multi-annual and multi-decadal evolution of sediment accretion in a saltmarsh of the French Atlantic**
2 **coast: implications for carbon sequestration**

3

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10

11

12 **Highlights**

- 13 • Saltmarshes prograde and aggrade at very high rates, keeping up with sea level rise
14 • Sediment source proximity and accommodation space explain SAR spatial variability
15 • Organic carbon accumulation rates are highly variable at the scale of a bay
16 • Allochthonous C of marine origin prevails in long-term C sequestration

17

18

19 **Key words:** ²¹⁰Pb – LiDAR – organic carbon origin – Minerogenic saltmarsh – Blue Carbon – Nature-
20 based solutions

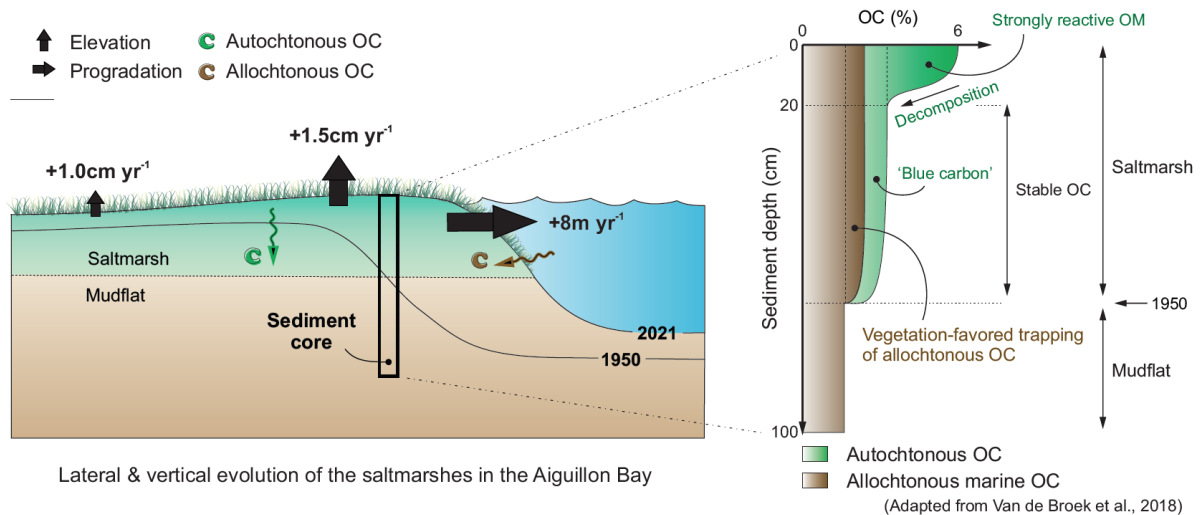
21 **Abstract**

22 Coastal marshes offer natural solutions for adapting to and mitigating the effects of climate change
23 and sea level rise. However, the resilience of the marsh physical system and, with it, the ecosystem
24 services that it provides, is largely site specific. This calls for the increase in the spatial cover of coastal
25 marsh studies in order to assess the controlling factors of marsh evolution, and their long-term carbon
26 storage capacities. Here, we study the spatio-temporal variations in sedimentation rates and organic
27 carbon (OC) sequestration capacity of the macrotidal minerogenic saltmarshes in Aiguillon Bay,
28 belonging to one of the largest French coastal marshes. Supported by aerial photographs and satellite
29 image analysis, we first show that saltmarshes of the Aiguillon Bay have prograded at very high rates,
30 up to 14 m yr⁻¹ since 1950. Sediment accumulation rates (SAR) were estimated at both multi-annual to
31 multi-decadal scales based on two approaches: (i) LiDAR-based digital elevation models from multiple
32 acquisition dates (2010-2021); and (ii) depth profiles of ²¹⁰Pb in excess and ¹³⁷Cs in sediment cores
33 collected along cross-shore transects in the saltmarshes. Long-term SAR range from 0.8 to 2.2 cm yr⁻¹
34 and are among the highest reported worldwide for equivalent systems. The positive accretion balance
35 (accretion rate minus local sea-level rise rate) provides important clues on marsh resilience suggesting
36 that the Aiguillon Bay is currently able to adapt to rising sea level. Despite relatively low organic carbon
37 content (1.3 to 6.0 %), high SAR leads to high carbon sequestration rates (99-345 gC m⁻² yr⁻¹; or a mean
38 value of 2.5 Mg C ha⁻¹ yr⁻¹). The isotopic signature of sediment OC reveals a significant and rapid
39 decomposition of organic material in surface cores, while allochthonous sediment of marine origin
40 dominates the signature of chemically-stable OC of marsh sediments. This implies that the carbon
41 sequestration capacity of minerogenic saltmarshes, such as those of the Pertuis Charentais, also
42 depends upon the wealth of adjacent coastal environments through high sediment supply and primary
43 productivity.

44

45 **Graphical Abstract**

46



51 1. Introduction

52 Saltmarshes offer natural solutions for adapting to and for mitigating the effects of global changes
53 (Bertram et al., 2021; Costanza et al., 2014). Beyond many services such as ecological nurseries, tidal
54 saltmarshes constitute a natural barrier against marine submersion, through their ability to
55 accumulate sediment and to rise at the same time as the sea level, especially in macrotidal coastal
56 areas (Crosby et al., 2016; Fagherazzi et al., 2020; Rogers et al., 2019). They protect the hinterland from
57 flooding through their capacity to attenuate storm surges and waves, and they also offer natural
58 solutions to buffer nutrient and pollutant inputs and to challenge the loss of biodiversity (Bij de Vaate
59 et al., 2020; Leonardi et al., 2018). Saltmarshes are also critical environments for sediment organic
60 carbon (OC) accumulation. Included in the 'blue carbon ecosystems' with mangroves and seagrass
61 beds, saltmarshes contribute actively to the global carbon sink with burial rates of up to 15 Tg C yr⁻¹
62 (Lovelock and Reef, 2020; Macreadie et al., 2019). The blue-carbon function is increasingly recognized
63 as an important lever for climate change mitigation, and for the implementation of nature-based
64 solutions in particular (Hendriks et al., 2020; IPCC, 2022; Vinent et al., 2019).

65 The geomorphological evolution of saltmarshes largely controls the conservation of the ecosystem
66 services they provide. The resilience of the marsh physical system and its biota is largely site specific
67 and depends upon various conditions such as the tidal regime, the sediment supply, and the exposure
68 to wind and waves (Fagherazzi et al., 2020). Saltmarshes are dynamic systems able to develop laterally,
69 and to elevate their topography in response to sea level rise. Thus, fully understanding its horizontal
70 and vertical dynamics is key to determining their fate in the next decades. This is particularly relevant
71 for the OC sequestration potential (Lovelock and Reef, 2020).

72 Despite considerable scientific efforts, the number of saltmarsh studies remain under-represented
73 compared to studies on mangroves and seagrass (e.g., 13% of valuation studies for blue carbon
74 ecosystems concern saltmarshes, for the period 2007-2018; Himes-Cornell et al., 2018), and they do
75 not yet warrant accurate upscaling of carbon sequestration rates at a continental or global scale
76 (Macreadie et al., 2019). As an example, a single French study (Hensel et al., 1999) is considered in the
77 first blue carbon review by Chmura et al., (2003), and resumed in subsequent ones (e.g., Duarte et al.,
78 2005; Mcleod et al., 2011; Ouyang and Lee, 2014; Regnier et al., 2022). This calls for the increase in the
79 spatial cover of coastal studies in order to evaluate the role of forcing parameters on marsh evolution,
80 and on their long-term carbon sequestration and storage capacities (Ouyang and Lee, 2022). Also,
81 while carbon stocks (e.g., in Mg C ha⁻¹) are generally well identified, carbon accumulation rates from
82 coastal habitats are rarely addressed (in Mg C ha⁻¹ yr⁻¹; Arias-Ortiz et al., 2018; Jennerjahn, 2020).
83 Recent reviews on blue carbon research also stressed the need to improve our understanding of the
84 source and stability of OC in saltmarshes (Macreadie et al., 2019; Windham-Myers et al., 2019).

85 In this context, the French Atlantic coast offers a good opportunity to contribute to the global
86 catalogue of saltmarsh studies by documenting sediment and carbon accumulation rates from
87 macrotidal systems. Here we study saltmarshes of the Aiguillon Bay; a highly dynamic system that is
88 connected to small rivers. Seaward shoreline migration was shown at both long- and medium-time
89 scales, respectively with rates of 70 km over the last 2000 years (Chaumillon et al., 2004) and up to
90 7 ha an⁻¹ during the last 50 years (Godet et al., 2015). This suggests that the Aiguillon Bay potentially
91 accumulates a large amount of sediment and maintains an efficient carbon sequestration capacity.

92 With this in mind, our study aims at: (i) understanding the morphological evolution of saltmarshes; and
93 (ii) quantifying the long-term carbon sequestration capacity of these coastal wetlands. First, we build
94 up a picture of the lateral and vertical evolution of the Aiguillon marshes at the multi-annual and multi-
95 decadal time scales. For this, we combine the reconstruction of the saltmarsh boundary through aerial
96 and satellite imagery analysis, with sediment accumulation rates derived by two methods: (i) ²¹⁰Pb-

97 derived dating of sediment cores collected along two cross-shore transects; and supported by (ii)
98 LiDAR-based digital elevation models from multiple acquisition dates. Then, we discuss the origin and
99 fate of organic material (OM) preserved in coastal environments using elemental OC content, C/N,
100 $\delta^{13}\text{C}$, and $\delta^{15}\text{N}$ from landward and seaward locations. Finally, we discuss the rapid accumulation of
101 sediment and the relatively high carbon sequestration capacity of the studied saltmarshes, with
102 respect to the international literature. Our results may provide a decision support tool for the
103 implementation of nature-based solutions in coastal management strategies (e.g., Dupuy et al., 2022).

104

105 **2. Study site**

106 The Aiguillon Bay is located on the southwestern Atlantic French coast, which opens onto the Pertuis
107 Breton between Ré Island and the Vendée Coast (Fig. 1). The Pertuis Breton forms a major embayment
108 opened to the Atlantic Ocean that corresponds to the drowned incised valley segment of the Lay, Sèvre
109 Niortaise, and Vendée Rivers (Chaumillon et al., 2008).

110 The Aiguillon Bay is a cove, semi-enclosed by the so-called “Pointe de l'Aiguillon”, a sand spit
111 developing from the northwest to the southeast (Fig. 1). It is characterized by lowland coastal
112 environments, which include one of the largest coastal marshes of France (1100 ha) fronted by
113 extensive tidal flats (3700 ha). The cove receives freshwater and a part of the fine sediments from the
114 Sèvre Niortaise ($12 \text{ m}^3 \text{ s}^{-1}$) and the Lay rivers ($2 \text{ m}^3 \text{ s}^{-1}$) predominantly (Banque HYDRO, 1969/2017),
115 and from several smaller channels secondarily (Coignot et al., 2020; Fig. 1). This region of the French
116 coast is characterized by relatively high suspended sediment concentrations with $4.0 \pm 3.1 \text{ mg L}^{-1}$
117 reported locally (SOMLIT station, Pertuis Antioche; period 04.2020 – 03.2022; www.somlit.fr).
118 However, the fine sediment supply to the Aiguillon Bay is not well understood. Erosion of coastal
119 Mesozoic limestones and marls outcrops may provide significant quantities of clay particles to the bay.
120 It cannot be excluded that fine sediments are also supplied by the Gironde Estuary, whose sediment
121 input to coastal waters was estimated to 1.6 Mt yr^{-1} (Doxaran et al., 2009;
122 Schmitt and Chaumillon, 2023). The dispersion of the estuarine plume of the Gironde could reach the
123 Marennes-Oléron Bay located 45 km in the south of the Aiguillon Bay (Constantin et al., 2018; Poirier
124 et al., 2016).

125 The area is characterized by a semi-diurnal macrotidal regime with mean tidal range of c. 4 meters and
126 strong tidal currents (Dodet et al., 2019). This part of the French coastline is characterized by low-lying
127 coastal zones particularly vulnerable to flooding (Baumann et al., 2017; Bertin et al., 2014; Breilh et al.,
128 2014, 2013). The studied area has experienced six major marine floods over the 20th and 21st centuries
129 (Breilh et al., 2014). The last major marine flood was caused by the storm Xynthia (28/02/2010), which
130 induced an exceptional storm surge (1.6 m in La Rochelle Harbor) in phase with high spring tide
131 resulting in extensive flooding of low-lying coastal zones (Bertin et al., 2012; Breilh et al., 2013).

132 The Aiguillon Bay bears witness to the successive land reclamation history of the Marais Poitevin, which
133 have gradually reduced the ancient Gulf of Pictons (Godet et al., 2015; Godet and Thomas, 2013;
134 Verger, 2009; Fig. 1a). Today, the bay includes 1100 ha of saltmarshes among which about half is
135 subject to mowing (Fig. 1c, d). The halophytic vegetation is dominated by C3 plants such as marine
136 *Puccinellia* (*puccinellia maritima*) and Sea Purslane (*halimione portulacoides*). C4 plants are also
137 present, with *Agropyron* (*agropyron pungentis*) that commonly develop in topographic high, while
138 Marine *Spartina* (*Spartina maritima*) and a few annual *Salicornia* (*Salicornia sp*) compose lowland areas
139 of the saltmarsh (Fig. S1). The Aiguillon Bay has been fully classified as a National Nature Reserve in
140 1999 for its fauna and ornithological richness.

141 3. Materials and methods

142 3.1. Aerial & satellite imagery

143 Aerial photographs and satellite images were used to reconstruct the lateral evolution of the saltmarsh
144 boundary (boundary between the mudflat and the saltmarsh) in the Aiguillon Bay, from 1950 to 2020.
145 Digitized aerial photographs from 1950 to 2010 (source: *IGN, France*) were mosaicked, georeferenced
146 and ortho-rectified using Geomatica v.9[®] software. The mapping of the bay did not integrate marshes
147 located in the meander of the Sèvre Niortaise. Roads and parking areas around the bay were used as
148 control points for the geo-referencing. The most recent evolutions of the saltmarshes were derived
149 using the SPOT-6 Satellite Image Gallery, for the years 2015-2020. The spatial uncertainty (SU) was
150 estimated following (Ford, 2012):

$$151 \quad SU = \sqrt{PU^2 + GU^2 + DU^2} \quad (\text{in m})$$

152 where PU, GU and DU are the pixel size, Geo-referencing, and Digitizing Uncertainties, respectively. PU
153 and GU were derived from the metadata of the source images (Table S1), while DU was estimated from
154 digitizing replicates of aerial photographs and orthophotos.

155 The rate of progression of the saltmarsh boundary (in m yr⁻¹) was calculated for the period 1950-2020
156 using the USGS DSAS v5 tool (Himmelstoss et al., 2018). For this, a baseline was generated from a
157 buffer zone of 100 m around the combined vegetation lines of 1950, and the seaward part of the buffer
158 zone was defined using the tracing tool from the 2020 imagery. Cross-shore transects were defined in
159 this way, every 50 m covering the entire bay. A mean SU of 8.8 m was implemented into the DSAS v5
160 calculations, for the period 1950-2020. A tolerance of 20 m and a smoothing of 1000 were assigned.

161 3.2. Sediment coring and processing

162 3.2.1. Sediment coring

163 Five sediment cores were collected from two cross-shore transects of the Aiguillon Bay saltmarshes,
164 using a Russian corer; one core was collected in July 2017, and four in June 2021 (Fig. 1). The coring
165 sites were selected to meet the following criteria: (i) they are placed on the saltmarsh boundary
166 mapped for a given year, thus allowing to constrain the age of the transition between a pre-existing
167 mudflat environment and the saltmarsh; (ii) they are representative of the ecosystem of the bay
168 covering landward, seaward and intermediate zones of the saltmarsh; and (iii) the targeted marsh soil
169 profiles develop under the same management type over the decades, namely free of mowing activity,
170 thus focusing on the 'natural' evolution of the saltmarshes of the bay. Three 1.1-m long cores were
171 thus collected along a cross-shore transect from the northern bay (AIG21_20, AIG21_21, and
172 AIG21_22; Fig. 1b). AIG21_22 was retrieved from the high marsh dominated by a C4-plant environment
173 (*Marine Puccinellia*, and Sea Purslane), hereafter mentioned as the landward site. AIG21_20 was
174 retrieved from the low marsh close to the ocean characterized by the presence of C3 and C4 plants
175 (e.g., *Marine Spartina*), hereafter mentioned as the seaward site. AIG21_21 corresponds to the
176 intermediate location. Two short cores (length < 50 cm) were collected from saltmarshes located at
177 the mouth of the Sèvre Niortaise River in order to assess the influence of river proximity on
178 sedimentation rates and carbon accumulation potential (AIG21_11, AIG17_01; Fig. 1c; Fig. S2).

179 3.2.2. Dry bulk density

180 Each 2021 core was sectioned at a 1cm resolution, and samples were freeze-dried for 72 h to
181 determine the water content, the dry bulk density (DBD), and radionuclides of interest. The 2017 core
182 was only sampled every 4 cm. All samples were ground gently using a mortar for further analyses.

183 3.2.3. Organic matter content, TOC, TN, $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$

184 High-resolution (every 1 cm) and cost-effective profiles of organic matter (OM) content were first
185 obtained using loss on ignition (LOI) to constrain the sample selection for elemental and isotope
186 analyses of carbon and nitrogen. The LOI analysis was performed at a temperature of combustion of
187 550°C for 14 h (Baustian et al., 2017; Wilson and Allison, 2008). Due to the diversity of temperatures
188 and durations used for LOI in the literature, the protocol with the lowest reported temperature of
189 combustion (450°C for 8 h) was also tested for comparison (Craft et al., 1991; Howard et al., 2014;
190 Fig S3). We used an elemental analyzer (EA Isolink, Thermo Scientific) to measure organic carbon and
191 total nitrogen contents from selected samples in each core.

192 Total organic carbon (TOC), total nitrogen (TN), and $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ isotopes were determined on the
193 2021 sediments using an EA-IRMS at the LIENSs Stable Isotope Facility, La Rochelle University, France
194 (EA Isolink, Thermo Scientific; Delta V Plus with a Conflo IV interface, Thermo Scientific). The analyses
195 were duplicated on samples after acidification for TOC and $\delta^{13}\text{C}$, and on raw samples for $\delta^{15}\text{N}$ to
196 prevent the effects of acidification on $\delta^{15}\text{N}$ values (Lebreton et al., 2011). A correction factor was
197 applied to the TOC measurements using total nitrogen as a proxy for the changing weight induced by
198 sample acidification. 100 mg of dry sediment were acidified with 0.5N HCl to remove the carbonates,
199 and dried overnight in a dry bath at 60°C under N₂ filtered airflow. 1 mL MilliQ water was then added
200 to the sample, which was freeze-dried and grounded again. An optimal weight of 5 mg of sediment
201 was added to 8 x 5 mm tin capsules for analysis. Isotopic values were expressed in the δ unit notation
202 as deviations from standards (Vienna Pee Dee Belemnite for $\delta^{13}\text{C}$ and atmospheric N₂ for $\delta^{15}\text{N}$)
203 following the formula:

204
$$\delta^{13}\text{C} \text{ or } \delta^{15}\text{N} = \left(\frac{R_{\text{sample}}}{R_{\text{standard}}} - 1 \right) \cdot 10^3, \text{ where R is } ^{13}\text{C}/^{12}\text{C} \text{ or } ^{15}\text{N}/^{14}\text{N}, \text{ respectively}$$

205 Reference materials USGS-61 and USGS-63 (Caffeine) were used for calibration and for uncertainty
206 calculation. Standard deviations were 0.11 % for carbon, 0.10 % for nitrogen, and 0.05 ‰ for $\delta^{13}\text{C}$ and
207 0.04 ‰ for $\delta^{15}\text{N}$.

208 The TOC content measured by elemental analysis was used to calculate organic carbon accumulation
209 rates in each sediment core. Sediment $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ combined with C/N ratios were used to assess
210 the origin of OC; namely to distinguish between an autochthonous and an allochthonous source.
211 Below-ground biomass (BGB) was separated from the bulk sediment in top cores and also analyzed by
212 EA-IRMS following the same protocol as for the bulk sediment.

213 3.2.4. Sediment grain size

214 Grain-size analysis was performed every three samples using a Malvern Mastersizer 2000 laser particle
215 size analyzer at EPOC (France). Sample selection followed those of the sampling strategy for dating in
216 order to assess a potential effect of changing grain size on the age-depth modeling. Prior to analysis,
217 the terrigenous fraction was isolated by removing organic matter, calcium carbonate, and biogenic
218 silica through H₂O₂ (35%), HCl (10 to 50%), and NaOH (1N) chemical pre-treatments, respectively. Due
219 to the high organic matter content, this pre-treatment and grain size analysis were performed after
220 combustion of the sediment samples for 14h at 550°C. Adjustment of the material optical properties
221 was needed in order to reduce the weighted residuals induced by the red color of these pre-combusted
222 materials. For this, the refractive and absorption index of red pigments were selected from the optical

223 property analyzer tool of the Malvern 2000 software (RI = 2.52, AI = 0.1, respectively). This ensured an
224 optimal fit between measured and modeled grain size data. Finally, a solution of sodium
225 hexametaphosphate (NaPO₃, 2%) was used to prevent clay flocculation before analysis. Grain-size
226 distribution averages were obtained from three replicates, each measured for 12 s after 10%
227 sonication.

228 3.2.5. Sediment, mass and organic carbon accumulation rates

229 Sediment accumulation rates (SAR, in cm yr⁻¹) and mass accumulation rates (MAR, in g cm⁻² yr⁻¹) at the
230 multi-decadal scale were obtained using ²¹⁰Pb-based dating of the cores. ²¹⁰Pb (T_{1/2} = 22.3 years) is a
231 naturally-occurring radionuclide delivered continuously on Earth surface by atmospheric fallout and
232 readily scavenged by particulate matter. This atmospherically derived ²¹⁰Pb is referred to as ²¹⁰Pb in
233 excess (²¹⁰Pb_{xs}) of that supported in sediment derived from the *in situ* radioactive decay series of ²³⁸U
234 (Iurian et al., 2021, and references herein). The ²¹⁰Pb-based SAR were independently checked by the
235 artificial radionuclide ¹³⁷Cs (T_{1/2} = 30 years), which presents a maximum atmospheric fallout related to
236 weapon tests in 1963.

237 For the cores collected in 2021, the activities of the radioelements of interest (²¹⁰Pb, ²²⁶Ra, ²³²Th, ¹³⁷Cs)
238 were measured using a high-efficiency, low-background broad energy gamma detector equipped with
239 a Cryo-Cycle II (Mirion) at EPOC, University of Bordeaux (Dubosq et al., 2021). ²²⁶Ra was determined
240 using selected gamma rays emitted by its short-lived decay products (²¹⁴Pb and ²¹⁴Bi), implying that
241 measurements were performed at least 3 weeks after 6-8 g aliquots of dry sediment were placed in
242 the counting vials to ensure equilibrium. ²¹⁰Pb, ²³²Th and ¹³⁷Cs were determined by their gamma ray at
243 46.5, 238 and 662 keV, respectively (Reyss et al, 1995). Calibration of the detector was obtained using
244 certified reference material (IAEA-RGU-1; SOIL-6). For AIG17_01, ²¹⁰Pb was measured by alpha
245 spectrometry following the methodology described in Corbett and Walsh (2015). Activities are
246 expressed in mBq g⁻¹ and errors calculated using 1-standard deviation counting statistics. Excess ²¹⁰Pb
247 was calculated by subtracting the measured ²²⁶Ra from the total measured ²¹⁰Pb activity. ²¹⁰Pb was
248 normalized considering ²³²Th in order to reduce the impact of changes in sediment composition (Stupar
249 et al., 2014), due to a variable proportion of vegetal fraction in saltmarsh sediments. Sediment and
250 mass accumulation rates were determined from the slope of the ²¹⁰Pb_{xs}Th profiles against depth and
251 cumulative mass, using the CF:CS model (constant flux and constant sedimentation). For AIG17-01,
252 calculations were done on ²¹⁰Pb_{xs} in the absence of ²³²Th determination. The mudflat/marsh transition
253 in the core was determined by matching information based on: (i) marsh vegetation boundaries
254 mapped at different years from aerial photos and satellite images, (ii) ²¹⁰Pb dating of the sediments
255 downcore, and (iii) changes in the isotopic signature of the sedimentary organic matter.

256 Organic carbon accumulation rates (CAR, in g cm⁻² yr⁻¹) were calculated as the product of the mean
257 sediment OC content (in %), and mass accumulation rates based on the ²¹⁰Pb_{xs}Th profiles of the
258 sediment cores (in g cm⁻² yr⁻¹). The sections of the OC and δ¹³C profiles reaching a rather constant and
259 minimum value in depth (< 2*standard deviation) were interpreted as the effectively-preserved OC
260 stocks, thus representing the long-term carbon sequestration capacity of the saltmarsh. In topsoil
261 sediments, labile autochthonous OC inputs can control short-term OC deposition rates (Mueller et al.,
262 2019; Van de Broek et al., 2018). Thus, the upper section of each core was excluded from the CAR
263 calculation to avoid an overestimation of the long-term OC sequestration rates (expressed in Mg C ha⁻¹
264 yr⁻¹).

265

266 3.3. LiDAR data

267 Saltmarsh accumulation rates at the multi-annual scale were obtained from LiDAR-derived digital
268 elevation models (DEMs) obtained from 2010 to 2021. SAR estimates from LiDAR data are used to
269 support the orders of magnitude in SAR obtained at the multi-decadal scale by sediment core analysis.
270 LiDAR is a generalized remote-sensing method used to gauge the evolutions at the earth's surface. By
271 measuring the reflected light that bounces off the ground and back to the sensor fixed on a plane, it
272 provides accurate mapping of surface elevation from coastal environments (Collin et al., 2010;
273 Medeiros et al., 2022). Differences between DEMs obtained during successive years were used to map
274 surface elevation changes and to assess short-term sediment accumulation rates in the Aiguillon
275 saltmarshes.

276 The most recent LiDAR data were acquired for the entire bay in September 2016 and October 2021
277 (*OPSIA Company, Toulon*). Data were collected using a laser scanner RIEGL VQ-780 II mounted on a
278 Partenavia P68 Observer2 from an altitude of 750 m and 1650 m in 2016 and 2021, respectively. It
279 provided a gaining density of 10 points/m². The vertical accuracy was derived from twenty ground-
280 control points (GCPs) using a RTK-GPS on roads and parking around the bay. The root mean squared
281 error for the height difference between LiDAR and RTK-GPS data was 2.5 and 3.4 cm for 2016 and 2021,
282 respectively (Table S1). Previous LiDAR data were collected in July 2010, and in February 2013. These
283 data were acquired with a point density of 3 points/m² using a laser scanner RIEGL VQ-820-G in 2010
284 (*Institut Géographique National IGN, France*), and using a laser scanner RIEGL LiteMapper-6800 in 2013
285 (*Aerodata Company, Marçq-en-Baroeul, France*). 376 GCPs were defined, and the vertical accuracy was
286 calculated by comparing LiDAR data of 2010 and 2013, with the reference LiDAR data of 2016. This
287 resulted in a vertical accuracy of 7 and 2 cm for 2010 and 2013, respectively (Table S2).

288 Differences in LiDAR-based DEMs were used to assess short-term (decadal) sediment accumulation
289 rates by estimating the volume of sediment accumulated over saltmarshes of the whole bay, through
290 time (in m³). These estimates accounted for marsh-elevation changes and for the progradation of the
291 saltmarsh boundary between two periods of acquisition. The sediment volume in the salt marsh was
292 then divided by the salt-marsh area to calculate mean sediment accumulation rates over different
293 periods (2010-2021, 2013-2021, and 2016-2021; Table 2). Sediment accumulation rates for the entire
294 instrumental period 2010 to 2021 were used to support orders of magnitude in accumulation rates
295 derived from ²¹⁰Pb-derived dating of sediment cores. This integration of LiDAR data over 11 years has
296 the advantage of reducing uncertainties associated with the vertical accuracy of each annual DEM.
297 Contrary to sediment core data, LiDAR data covers the entire bay that allows us discussing the spatial
298 and temporal variability of saltmarsh accretion over the last 20 years. Because TOC measurements are
299 bound to the multi-decadal time scale, LiDAR data was not used to calculate carbon accumulation rates
300 at the multi-annual time scale.

301

302 4. Results

303 4.1. Lateral evolution of the saltmarshes

304 The reconstruction of the saltmarsh boundary using aerial photographs and satellite images shows a
305 global progradation toward the ocean since 1950 (Fig. 2). Data disclose a mean gradual seaward
306 migration of 8 m yr^{-1} for the whole bay, and a maximum of 14 m yr^{-1} for the northern bay (Fig. 2a). This
307 corresponds to a mean net gain in saltmarsh area of 8 ha yr^{-1} (Fig. 2b). The most recent land
308 reclamations date back to 1963 and 1965, and are located in the southeastern and the northwestern
309 bay, respectively. These land claims induced a reduction of 200 ha in the saltmarsh area, from 1960 to
310 1972 (Fig. 2b). The saltmarsh has gained surface at relatively constant pace throughout the last two
311 decades. The greatest progradation is in the northern bay, close to the Chenal Vieux and between
312 vegetated tips that develop all around the bay (Fig. 2a).

313 4.2. Sediment composition

314 Sediments of the Aiguillon bay are composed predominantly of fine silt and clay at $81 \pm 5 \%$ and
315 $17 \pm 5 \%$ respectively, with mean grain size of $6.7 \pm 1.6 \mu\text{m}$ (Fig. 3). OM content ranges from 12 to 24 %,
316 and OC content from 1.1 to 6.1 % (Fig. S3), with the highest values found in the top of the sediment
317 cores. These rather low OC levels categorize the saltmarshes of the Aiguillon Bay as minerogenic
318 marshes; i.e., marshes that are dominated by mineral sediment input supplied by the inundating
319 water.

320 Along the northern transect, AIG21_22 core presents a clear change at 20 cm depth. OM and OC
321 content are maximal at the surface of the core until 7.5 cm, with a mean OC value of 4.5 % (Fig. 3). This
322 value quickly drops to 2.7 % until 20 cm, and then reaches a minimum and relatively stable value of
323 $1.4 \pm 0.1 \%$ until the base of the core. Maximum OC values are also found at the surface of the cores
324 of AIG21_21 and AIG21_20 with 3.7 % and 3.5 %, respectively. These values decrease significantly with
325 depth and stabilize below 20 cm in both cores, with mean OC of $1.7 \pm 0.2 \%$ and $2.3 \pm 0.2 \%$ for
326 AIG21_20 and AIG21_21, respectively.

327 The three cores contrast by their carbon and nitrogen isotopic profiles. $\delta^{13}\text{C}$ is minimal at the surface
328 of cores AIG21_22 and AIG21_21 with mean values of -26.4 ‰ and -23.6 ‰ , respectively. This value
329 increases downcore reaching a mean of -22.0 ‰ for AIG21_22 and -18.1 ‰ in AIG21_21, towards the
330 base of the cores. The $\delta^{13}\text{C}$ profile of the seaward site AIG21_20 presents an opposite pattern with
331 maxima found at the surface averaging -16.9 ‰ , and a mean of -21.9 ‰ found towards the base. $\delta^{15}\text{N}$
332 gradually decreases with depth in all cores. This trend is more pronounced in AIG21_22 with a surface
333 value of 9.4 ‰ and a minimum of 6.9 ‰ found at the base of the core. AIG21_21 shows a decrease
334 from 8.7 ‰ to 7.0 ‰ , and AIG21_20 from 7.7 ‰ to 7.3 ‰ .

335 Along the eastern transect, the short core AIG21_11 show profiles of OC and $\delta^{13}\text{C}$ similar to that of the
336 landward site AIG21_22 (Fig. S2). OC content decreases from 6.1 % at the surface to 1.5 % at the core
337 basal. $\delta^{13}\text{C}$ is enriched from surface to base, with mean values ranging from -26.6 ‰ to -19.6 ‰ .

338 Grain size does not differ significantly between cores and between samples within each core, with
339 geometric mean grain size of $7.6 \mu\text{m}$ for AIG21_22, $6.4 \mu\text{m}$ for AIG21_21, and $6.2 \mu\text{m}$ for AIG21_20.
340 This suggests that bulk sediment material accumulated in saltmarshes of the Aiguillon Bay is
341 unchanged through time and between locations.

342 4.3. Vertical evolution of the saltmarshes

343 4.3.1. Sediment and mass accumulation rates

344 $^{210}\text{Pb}_{\text{xs}}$ activities are quite similar in surface sediment of all the cores (c. 100 mBq g⁻¹), and decrease
345 exponentially with sediment depth (Fig. 4). In contrast, the maximum penetration depth of $^{210}\text{Pb}_{\text{xs}}$ is
346 extremely variable among the cores. While negligible excesses are reached at about 80 cm in core
347 AIG21_22, $^{210}\text{Pb}_{\text{xs}}$ activities are only half the surface values at 100 cm in core AIG21_20. Even if such
348 penetrations correspond to significant sedimentary accumulation, this suggests large disparities in the
349 rate of sedimentation between the different sites. The decrease in $^{210}\text{Pb}_{\text{xs}}$ present some irregularities
350 as observed from 40 to 43 cm on core AIG21_22 with lower excesses compared to the surrounding
351 layers. Assuming that this layer corresponds to a specific event (relocation of older sediment), the
352 evidence of this event was actively suppressed from the profile to produce an event-free $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$
353 profile on which a mean SAR was calculated. This allows comparing long-term SAR estimates between
354 the different cores in the Aiguillon saltmarshes. ^{232}Th activities range between 28 to 55 mBq g⁻¹, with
355 the lowest values measured in the upper sections. Surface sediments also present the highest total
356 carbon content resulting in a dilution of the detrital fraction as traced by the long-lived ^{232}Th ($T_{1/2} = 14$
357 10^9 years). This dilution effect also has an impact on ^{210}Pb as shown by the comparison of surface $^{210}\text{Pb}_{\text{xs}}$
358 and $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$ activities (Fig. 4). Th-corrected $^{210}\text{Pb}_{\text{xs}}$ is thus preferred to avoid overestimating sediment
359 accumulation rates.

360 The depth of the ^{137}Cs peak corresponding to the year 1963 was also used to test the robustness of the
361 sediment and mass accumulation rates derived from the $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$ profiles. ^{137}Cs activities are low
362 (< 10 mBq g⁻¹) in all profiles, except for a peak in core AIG-21_22 and to a lesser extent in core
363 AIG21_21. In AIG21_22, a clear ^{137}Cs peak is found at 51 cm that lies within the error range of the ^{210}Pb
364 model that estimates a depth of 49 ± 3 cm for this chronomarker. Similarly in AIG21_21, ^{137}Cs activity
365 peaks at 106.5 cm, expected at 107 ± 5 cm using the ^{210}Pb model. The high sedimentation rates of
366 AIG21_20, as derived from the ^{210}Pb model (2.2 ± 0.3 cm yr⁻¹), does not allow pointing at the year 1963
367 for the 110-cm long sequence (projected depth of 129 ± 19 cm). The ^{137}Cs profile of AIG21_20 thus
368 shows a gradual increase with depth.

369 $^{210}\text{Pb}_{\text{xs}}^{\text{Th}}$ profiles result in high mean apparent sedimentation accumulation rates (SAR) ranging from
370 0.84 to 2.22 cm yr⁻¹, with corresponding mass accumulation rates (MAR) of 0.74 to 1.83 g cm⁻² yr⁻¹
371 (Table 1). On the northern transect, the lowest sedimentation rates are found for the landward site
372 (AIG21_22), while the highest values are found for the seaward site (AIG21_20). Short cores located
373 close to the river mouth (AIG21_11, and AIG17_01) have intermediate values of 1.24 cm yr⁻¹ and 1.41
374 cm yr⁻¹ (0.86 and 1.24 g cm⁻² yr⁻¹), respectively.

375 4.3.2. Spatial and temporal variability of saltmarsh accretion using LiDAR data

376 LiDAR data demonstrate that the saltmarshes of the Aiguillon Bay have rapidly accumulated sediment
377 over the last decade. A net sediment gain of $1\,419\,043 \pm 458\,732$ m³ was found between 2010 and
378 2021, which corresponds to a mean sedimentation rate of 1.17 ± 0.38 cm yr⁻¹ for a surface area of
379 $1\,100\,000$ m² in 2021 (Table 2, Fig. 5a). Mean sedimentation rates progressively decrease through time
380 with 0.48 ± 0.24 cm yr⁻¹ for the period 2013-2021, and 0.39 ± 0.49 cm yr⁻¹ for 2016-2021 (Table 2).
381 LiDAR results also show an important spatial heterogeneity in marsh vertical evolution. Maximum
382 vertical gains are found at the saltmarsh boundary and at the foot of the dikes, with values > +1.0 m
383 for the period from 2010 to 2021. High sediment accumulation > +0.8 m also characterizes areas
384 located close and along the channels (Fig 5a). In contrast, minimum gains below 0.1 m are found
385 landward, and from the zones characterized by mowing activity in the northern bay.

386 LiDAR-based SAR estimates for the entire instrumental period are consistent with sediment-core data
387 at the coring sites, except for the site cored in 2017 (Fig 5b). Data show an increasing trend along the
388 cross-shore transect from shoreward to seaward coring locations. Reported LiDAR values for the coring
389 locations of the northern transect AIG21_22, 21, and 20 are 1.2, 2.2, and 2.9 cm yr⁻¹, respectively for
390 the period 2010-2021. LiDAR values for the coring locations of the eastern transect AIG21_11, and
391 AIG17_01 are 2.2, and 3.2 cm yr⁻¹, respectively. These values were derived using a 3 x 3 m grid around
392 the coring sites to account for spatial variability and for the GPS uncertainty in locating the coring sites.

393 **4.4. Organic carbon accumulation rates**

394 Along the north transect, organic carbon accumulation rates (CAR) are marked by a great
395 heterogeneity among the cores, reflecting varying rates of carbon deposition in different locations
396 (Table 1). The landward location (AIG21_22) displays the lowest CAR value of 107 ± 11 g cm⁻² yr⁻¹,
397 suggesting a relatively slower rate of organic carbon accumulation. In contrast, the intermediate
398 location (AIG21_21) and the seaward location (AIG21_20) exhibit higher CAR values of
399 373 ± 5 g cm⁻² yr⁻¹ and 340 ± 29 g cm⁻² yr⁻¹, respectively, indicating more rapid organic carbon
400 deposition in these areas. The site closer to the river mouth (AIG21_11) displayed an intermediate CAR
401 value of 182 ± 48 g cm⁻² yr⁻¹ (Table 1). The heterogeneity in CAR values among the cores emphasizes
402 the complexity of carbon dynamics in saltmarsh environments and highlights the need for site-specific
403 investigations to understand the underlying processes governing sediment and carbon accumulation.

404 To estimate these CAR values, we used the organic carbon (OC) content measured by an elemental
405 analyzer, ensuring that the results represented the true OC content in the sediment. We conducted
406 multiple tests using different combustion durations and temperatures to verify the accuracy of the LOI
407 (Loss on Ignition) technique for determining total organic carbon (TOC) percentages (Fig. S3). Our
408 findings revealed that the LOI technique alone cannot be used for a quantitative determination of TOC
409 percentages. As a result, we relied on the elemental analyzer to accurately assess the OC content and
410 subsequently calculate the organic carbon accumulation rates.

411 5. Discussion

412 5.1. The Aiguillon Bay: a rapidly changing coastal environment

413 5.1.1. Lateral and vertical evolution of the saltmarshes

414 Results have underlined a rapid progradation and aggradation of the saltmarshes in the Aiguillon Bay,
415 at both multi-annual and multi-decadal scales.

416 The reconstructed evolution of the saltmarsh boundary revealed a lateral expansion of the marsh up
417 to 14 m yr^{-1} , with a mean area gain of 8 ha yr^{-1} for the period 1950-2020 (Fig. 2). The saltmarsh
418 boundary progressively recovered a general round shape, which contrasted with a more angular
419 morphology induced by the most recent land claims in 1963 and 1965 (Fig. 3). At a smaller spatial scale,
420 vegetated tips up to 300 m in length are clearly evidenced along the levees on both sides of the
421 channels. These vegetated tips can act as barriers, providing a calmer environment conducive to
422 sediment deposition, thus favoring the gradual expansion of the saltmarsh boundary (Fagherazzi et al.,
423 2012; Verger, 2009). It is well established that halophytic vegetation canopy can reduce waves,
424 currents and the associated bed shear stresses (Fagherazzi et al., 2020; Lavaud et al., 2020), which in
425 turn can have profound impact on sedimentation patterns by increasing sediment trapping efficiency
426 (Mudd et al., 2010; Temmerman et al., 2005).

427 Sediment core data revealed vertical accretion rates of $0.8\text{-}2.2 \text{ cm yr}^{-1}$ (Fig. 4, 5; Table 1). Multi-decadal
428 sediment accumulation rates (SAR) were estimated using ^{210}Pb -based dating models developed for
429 each sediment core (Fig. 4; Table 1). The log profiles of ^{210}Pb activity showed a linear decrease through
430 depth below the surface mixed layer, with consistent initial activity found among all cores (Arias-Ortiz
431 et al., 2018). The ^{137}Cs profiles were coherent with the ^{210}Pb models for each core, with a clear ^{137}Cs
432 peak interpreted as the year 1963 found in AIG21_22. It should be noted that an anomalous drop in
433 ^{210}Pb activity was found in the AIG21_22 profile at c. 50 cm depth, and dated to $1970 \pm 4 \text{ yrs}$. Both a
434 remobilization of older material and/or a higher sediment accumulation diluting the ^{210}Pb signal could
435 explain a decrease in ^{210}Pb activity (Nolte et al., 2013). A possible explanation includes the
436 remobilization of mudflat sediment by storm waves and its transport toward saltmarshes during
437 marine flooding. Although no marine flooding event was reported for this period in the studied area
438 (Breilh et al., 2014), a powerful storm occurred the 13 and 14 February of 1972. Wind gusts reached
439 140 km h^{-1} in La Rochelle, and a 89 cm-high storm surge was recorded at low tide in the mouth of the
440 Loire Estuary, 130 km northwestward of the Aiguillon Bay ([https://www.bretagne.developpement-](https://www.bretagne.developpement-durable.gouv.fr/etude-vimers-des-evenements-de-tempete-en-bretagne-a2705.html)
441 [durable.gouv.fr/etude-vimers-des-evenements-de-tempete-en-bretagne-a2705.html](https://www.bretagne.developpement-durable.gouv.fr/etude-vimers-des-evenements-de-tempete-en-bretagne-a2705.html),
442 <http://tempetes.meteo.fr>). Another possibility relates to the construction of embankments associated
443 with the most recent land claim in 1965. Indeed, embankments are built of mud that is partly dug from
444 the saltmarsh, which can lead to significant remobilization of old sediment material potentially
445 redeposited in the vicinity of the coring site.

446 Multi-decadal sediment accumulation rates in the saltmarshes of the Aiguillon Bay ($0.8\text{-}2.2 \text{ cm yr}^{-1}$) are
447 among the highest reported for equivalent systems found in temperate regions (Giuliani and Bellucci,
448 2019; Fig. 6). In particular, SAR of the Aiguillon Bay exceed the global SAR value of $2.4 \pm 0.5 \text{ mm yr}^{-1}$
449 reported for saltmarshes (Ouyang et al., 2022). LiDAR data for the period 2010-2021 tend to confirm
450 the SAR orders of magnitude at the coring locations ($1.2\text{-}2.9 \text{ cm yr}^{-1}$; Fig. 5b). Besides relatively high
451 uncertainty in the vertical accuracy of the LiDAR DEM data, the consistency between the two
452 techniques strengthens the reliability of SAR estimates from the cores. High sedimentation rates may
453 appear surprising regarding the small size and the small water discharge of the rivers flowing in or close
454 to the bay ($2 \text{ m}^3 \text{ s}^{-1}$ for the Lay River, and $12 \text{ m}^3 \text{ s}^{-1}$ for the Sèvre Niortaise River; Banque HYDRO,
455 1969/2017). Like in the Aiguillon Bay, very high sedimentation rates were also reported for the

456 Marennes-Oléron Bay, located 45 km to the south (Allard et al., 2010; Bertin et al., 2005; Bertin and
457 Chaumillon, 2006; Poirier et al., 2016; Fig. 1). Four main sources of fine-grained sediment explain the
458 rapid sediment-fill of the Marennes-Oléron Bay, including: (i) small coastal rivers flowing directly into
459 the area; (ii) the Gironde estuary (to the south; Fig. 1); (iii) Mesozoic marls and limestones outcropping
460 along the coast; and (iv) coastal marsh sediments. The Gironde estuary alone was found to account for
461 up to 84 % of the sediment supplied to the Marennes-Oléron Bay (Dabrin et al., 2014). By analogy, it
462 can be proposed that the sediment-fill of the Aiguillon Bay is not solely derived from the local rivers
463 flowing close to or within the cove. The relative contribution of sediment supplied by the Gironde
464 Estuary and by erosion of coastal marls and limestones remains unknown, but cannot be excluded.

465 Beyond the control by sediment supply, high sedimentation rates in the Aiguillon Bay can be related
466 to both its morphology and history. The presence of a few kilometer-long sand spit in the West (“Pointe
467 de l’Aiguillon”; Fig. 1) makes this bay a sheltered environment that prevents erosion and favors siltation
468 (Verger, 2009). Also, the Aiguillon Bay inherited from a long history of land reclamation (Godet et al.,
469 2015; Godet and Thomas, 2013); Fig. 1). This likely had led to a decrease in tidal prism favoring
470 sediment deposition, itself inducing tidal prism decrease through a positive feedback mechanism
471 (Ladd, 2021; Unger et al., 2016).

472 5.1.2. Spatial heterogeneity in saltmarsh vertical evolution

473 Sedimentation rates obtained from the sediment core analysis showed an increasing trend along the
474 two cross-shore transects, from shoreward to seaward locations (Fig 5). Also, SAR estimates did not
475 differ significantly from the northern to the eastern transects, suggesting that the intra-site variability
476 cannot be attributed to the proximity with the Sèvre Niortaise River. Instead, LiDAR mapping confirms
477 the shoreward to seaward trend in SAR, with maxima found at the mudflat-saltmarsh transition, and
478 on both sides of tidal channels and tidal creeks (Fig 5a).

479 Two main parameters can explain this spatial pattern: (i) the distance from the sediment source; and
480 (ii) the duration of inundation, in turn related to the accommodation space between the marsh
481 topography and the highest tide levels. Indeed, a longer and more frequent flooding of seaward areas
482 of the saltmarsh may enhance sediment supply and deposition close to the sediment source provided
483 by mudflats and tidal channels (Fagherazzi et al., 2020, 2012). In particular, the multi-year transects of
484 the Aiguillon Bay illustrate the control of marsh evolution by accommodation space (Fig. 5b). The
485 marsh topography seaward was under the mean high water springs (MHWS) in 2010. Six years later,
486 this same zone was above MHWS showing the rapid sediment-fill of this accommodation space (Fig.
487 5b). Then, this topography stabilized between 2016 and 2021 revealing a weak sedimentation as
488 accommodation space reduced considerably. The same applies at the scale of the entire bay.
489 Sedimentation rates inferred from LiDAR were maximal for the period 2010-2021 ($1.17 \pm 0.38 \text{ cm yr}^{-1}$)
490 and progressively decreased towards the most recent period 2016-2021 ($0.39 \pm 0.49 \text{ cm yr}^{-1}$; Table 2).
491 It is well established that young and low-elevation saltmarshes rapidly expand up to an equilibrium
492 elevation relative to highest water levels, while older and higher saltmarshes tend to maintain this
493 equilibrium level (Temmerman et al., 2004; Unger et al., 2016). Zhang et al. (2019) also showed that
494 sediment deposition on marsh platforms decreases exponentially with distance from the channels and
495 from the marsh edge, as a function of decreasing water depth and sediment settling velocity landward.

496 It should also be noted that the most terrestrial zone of the northern saltmarsh is characterized by
497 relatively lower elevations (i.e., $< 2.7 \text{ m NGF}$) located at a distance of 0 to 250 m from the embankment
498 (northern transect; Fig. 5). This depression contrasts with the inner part of the eastern transect where
499 the marsh topography gradually increases landward (Fig. 5b). Extensive and motorized mowing activity
500 takes place in the northern bay (Godet et al., 2015; Joyeux et al., 2014), which is likely responsible for
501 localized sediment compaction. This area also exhibits relatively high LiDAR-based SAR values (Fig. 5a).

502 They can be explained by both relatively large accommodation space, and by important sediment
503 supply favored by the presence of gullies used to drain and clean out the mown zones.

504 5.1.3. The coastal marsh evolution offsets sea level rise impact

505 The combined approach based on sediment cores and LiDAR to estimate sedimentation rates sheds
506 light on the response of saltmarshes to sea level rise over the last decades. It provides important clues
507 on marsh resilience, with the mean accretion rates that largely outperform the local mean sea level
508 rise of $2.80 \pm 0.73 \text{ mm yr}^{-1}$ recorded in La Rochelle harbors (period 1993-2018, Fig. 1; Dodet et al.,
509 2019; SONEL database, <http://www.sonel.org>). This suggests that the saltmarshes of the Aiguillon Bay
510 are currently able to keep up with rising sea level. This has important implications with regards to
511 services expected from such ecosystems, through adaptation to global sea level rise, protection from
512 marine flood and shoreline erosion, and the support of ecosystem health and biodiversity (Bij de Vaate
513 et al., 2020; Leonardi et al., 2018).

514 Interestingly, our data indicate positive accretion balance (accretion rate minus local sea-level rise
515 rate) at both long and shorter term (Fig. 5b; Table 1, 2). This positive accretion balance in the Aiguillon
516 Bay is consistent with what was observed in some other European sites (e.g., Silva et al., 2013), the
517 Canadian Atlantic Coast and in the Gulf of Mexico (Crosby et al., 2016; Fig. 6). Sediment accumulation
518 rates can vary greatly between marshes, which is explained by complex interactions between changes
519 in relative sea level rise, tidal exchanges, vegetation type and density, and depositional processes
520 (Giuliani and Bellucci, 2019). For instance, macrotidal marshes hold greater capacity to buffer rising
521 sea level than microtidal ones, especially under high concentration of suspended sediment adjacent
522 to the marsh (Friedrichs and Perry, 2022). Although it was not possible to detect storm events due to
523 the relatively low resolution of the ^{210}Pb profiles (with the exception of the hypothetical record of the
524 1972 storm), the history of intense and frequent storm events on the French Atlantic coast could have
525 also favored marsh elevation (six events between 1924 and 2010; Breihl et al., 2014). During major
526 marine flood events, tidal flats are eroded by storm waves and mud is transported and deposited
527 shoreward onto saltmarshes and backshore environments (Baumann et al., 2017; Schuerch et al.,
528 2018, 2013). The nature of inorganic sediment supplied to the saltmarshes during tides and storms are
529 thus similar (e.g., grain size, TOC content). In this context, the wide mudflats of the Aiguillon Bay (3700
530 ha) provide a substantial source of erodible fine-grained material made available for supplying the
531 saltmarshes during high tides and storm events.

532 5.2. Carbon accumulation rates in the saltmarshes

533 Organic carbon accumulation rates (CAR) calculated using the sediment cores of the Aiguillon Bay
534 saltmarshes range from 107 to 373 $\text{g cm}^{-2} \text{ yr}^{-1}$; these values are consistent with the reviewed mean
535 CAR value of $245 \pm 26 \text{ g cm}^{-2} \text{ yr}^{-1}$ (Ouyang and Lee, 2014; Regnier et al., 2022; Fig. 6b). Given the rather
536 low sediment OC content (1.3-6.0 %), it is very likely that these relatively high organic carbon
537 accumulation rates are related to the fast sedimentation within saltmarshes of this bay. Similarly,
538 Mueller et al., (2019) showed that long-term OC sequestration rates in minerogenic saltmarshes were
539 primarily determined by sediment accumulation rates and to a far lesser degree by the variability in
540 OC content. Results from the Aiguillon Bay will thus help refine blue carbon review efforts (Chmura et
541 al., 2003; Duarte et al., 2005; Mcleod et al., 2011; Murray et al., 2011; Ouyang and Lee, 2014; Regnier
542 et al., 2022), which till now, were fed by only one French study from Mediterranean estuarine
543 saltmarshes (Hensel et al., 1999).

544 Our results also highlight an important spatial variability in OC accumulation capacity. This capacity is
545 maximal for seaward and intermediate areas of the saltmarsh ($340 \text{ g cm}^{-2} \text{ yr}^{-1}$ and $373 \text{ g cm}^{-2} \text{ yr}^{-1}$,
546 respectively), minimal landward ($107 \text{ g cm}^{-2} \text{ yr}^{-1}$), and in-between closer to the mouth of the Sèvre

547 Niortaise River ($182 \text{ g cm}^{-2} \text{ yr}^{-1}$; Table 1). This variability questions the use of a unique CAR value in
548 world review efforts, which should be best supported by multiple coring (e.g., Young et al., 2018). The
549 heterogeneity in mass accumulation rates, used in the calculation of carbon accumulation rates, seem
550 to be the main driver of the CAR spatial variability. This has important implications for estimating and
551 upscaling OC accumulation rates for the studied region.

552 **5.3. Particulate organic carbon source and stability**

553 Van de Broek et al., (2018) stressed the fact that there might not be direct links between high OC
554 deposition rates and high OC sequestration rates due to: (i) a potential source of allochthonous OC
555 that is not sequestered in-situ, thus not contributing to the active removal of CO_2 from the atmosphere;
556 and (ii) OC decomposition at the surface of the marsh that can directly relates to the release of CO_2
557 and CH_4 gasses. Here, we discuss these two processes to account for to avoid overestimating saltmarsh
558 OC sequestration rates (Leorri et al., 2018).

559 5.3.1. Autochthonous vs. allochthonous organic carbon

560 Sediment organic carbon in saltmarshes have two sources: (i) autochthonous OC derived from roots,
561 woody tissues and leaf litter (supplied by C3 and C4 marsh terrestrial vegetation); and (ii)
562 allochthonous OC produced from external sources (land and marine) and trapped by the vegetation of
563 the marsh (Krauss et al., 2018; Van de Broek et al., 2018). The main sources of sediment to the Aiguillon
564 Bay have distinctly different $\delta^{13}\text{C}$ and N/C compositions, which theoretically enables interpreting the
565 origin of OC to the saltmarshes (Fig. 7).

566 $\delta^{13}\text{C}$ and N/C within surface and near-surface sediments show a terrestrial plant signature. The
567 signature of surface samples from the landward site (AIG21_22) tends toward a C3 vascular-plant
568 signature, and towards a C4 plant signature for the seaward site (AIG21_20) (Lamb et al., 2006; Fig. 7).
569 Plant associations mapped by the National Natural Reserve support these results, with C3 plants such
570 as Sea Purslane (*halimione portulacoides*) dominating landward areas of the salt marshes, and C4
571 plants like Marine Spartina (*spartina maritima*) developing preferentially seaward (Fig. S1). Previous
572 studies similarly showed that C3 vascular vegetation can contribute largely to the organic carbon pool
573 of supra-tidal sediments in minerogenic marshes (Wilson et al., 2005).

574 Contrasting with surface sediments, a marine source clearly dominates the OC signature of the deepest
575 sediment samples (marine POC: $\delta^{13}\text{C} = -25.1$ to -20.9 ‰ ; N/C = 0.13 to 0.24; SOMLIT station, Pertuis
576 Antioche; Fig. 1a, Fig., 7). This marine signature strongly supports our interpretation that basal-core
577 samples correspond to mudflat sediments ($\delta^{13}\text{C} = -22.0 \pm 0.2 \text{ ‰}$; N/C = 0.15 ± 0.01). Overlying these
578 mudflat sediments, the saltmarsh sediment sections with stable OC are also placed within the range
579 of the marine POC signature, but they differ significantly from the mudflat samples ($\delta^{13}\text{C} = -23.5 \pm 0.4$
580 ‰ for AIG21_22, $\delta^{13}\text{C} = -21.6 \pm 0.6 \text{ ‰}$ for AIG21_20; N/C of 0.13 ± 0.01 ; Fig. 7). First, this suggests that
581 the sediment composition of stable-OC sections is controlled primarily by the supply of allochthonous
582 OC of marine origin. Although primary production by plants can exceed allochthonous OC deposition
583 in some minerogenic marshes, Tidally-derived particulate organic matter is for most cases the
584 dominant source of organic material in minerogenic marshes (e.g., Lamb et al., 2006). Second, the
585 different signature between mudflat and saltmarsh samples also suggests that a small part of in-situ
586 produced biomass still accounts for the stable OC content of deep saltmarsh samples.

587 In an analogous study from minerogenic marshes in northern Belgium, Van de Broek et al., (2018)
588 discriminated: (i) a short-term OC deposition composed of relatively labile OC originating from locally-
589 produced biomass; and (ii) a long-term OC deposition controlled by the supply of stable allochthonous
590 OC from a marine origin. These authors further demonstrated that autochthonous OC was the main
591 component being mineralized upon burial. The same process likely explains the transitional signature

592 of Aiguillon sediments with depth: from a terrestrial plant signature towards a signature comparable
593 to marine POC. Interestingly, our data suggests that this mechanism applies disregarding the surface
594 plant composition (C3 or C4).

595 5.3.2. Sediment organic carbon stability

596 Sediment accumulation rates from the Aiguillon saltmarshes were estimated from the stable OC
597 sections of each core corresponding to a systematic depth below c. 20 cm and overlying mudflat
598 sediments. Although no data are available from pore water geochemistry (e.g., Koretsky et al., 2008;
599 Yau et al., 2022), this section of the cores was considered as the effectively-preserved OC stock
600 (Mueller et al., 2019; Fig. 3). Steep decline in OC content with sediment depth was associated with a
601 significant $\delta^{13}\text{C}$ change of c. 4 ‰; enriched with depth for C3-dominated sites, and depleted for C4-
602 dominated sites (Fig. 8a). This change was interpreted as OC loss between topsoil layers and deeper
603 levels of the cores through sustained decomposition, with $\delta^{13}\text{C}$ enrichment or depletion that depends
604 on plant species and tissue types (Kelleway et al., 2022).

605 To support this interpretation and assess the $\delta^{13}\text{C}$ signature of the reactive carbon in Aiguillon
606 sediments, we followed the approach developed by Komada et al., (2022). It is based on the
607 assumption that total OC in a sample (C_s) consists of two components: a reactive (C_r) and a non-reactive
608 (C_{nr}), with each component having a fixed $\delta^{13}\text{C}$ value δ_r and δ_{nr} , respectively. With δ_s the $\delta^{13}\text{C}$ value of
609 total OC in the sample, the following formula can be defined:

$$610 \quad C_s = C_r + C_{nr} \quad (1)$$

$$611 \quad \delta_s C_s = \delta_r C_r + \delta_{nr} C_{nr} \quad (2)$$

612 Combining (1) and (2) to replace C_r , this gives the following:

$$613 \quad \delta_s C_s = \delta_r C_s + C_{nr}(\delta_{nr} - \delta_r) \quad (3)$$

614 if δ_{nr} and δ_r are constant, then plotting $\delta_s C_s$ against C_s of the samples should yield a straight line with
615 slope equivalent to δ_r . This approach applied to Aiguillon sediments indicates a $\delta^{13}\text{C}$ signature of -
616 28.1‰ and -12.2‰ for the reactive carbon (δ_r) related to surface C3 and C4 plants, respectively (Fig.
617 8b). Together with the averaged $\delta^{13}\text{C}$ signature of mudflat samples of -22.0 ± 0.2 ‰, these results
618 suggest that surface sediments from the Aiguillon Bay are composed predominantly of reactive OC
619 (Fig. 8). Thus, it justifies discarding the upper c. 20 cm in the calculation of OC accumulation rates, at
620 risk of largely overestimating the carbon sink capacity of Aiguillon saltmarshes.

621 Possible explanations for changes in OC and $\delta^{13}\text{C}$ with depth include the preferential decomposition of
622 autochthonous vs. allochthonous OC through highly oxidizing conditions near the surface (Mueller et
623 al., 2019), preferential use of a labile OC pool by microbial decomposers and fungi (Menichetti et al.,
624 2015), and $\delta^{13}\text{C}$ fractionation between above- and below-ground biomass (Benner et al., 1987). This
625 last process is unlikely regarding the consistent $\delta^{13}\text{C}$ signature between C3 terrestrial plants
626 (-21 to -32 ‰), C3 below-ground biomass in Aiguillon sediments (-27.0 ± 0.8 ‰), and the signature of
627 reactive OC calculated for marsh sediments influenced by C3 vegetation (-27.9 ‰; Fig 7, 8a).

628 5.4. Implications for carbon sequestration

629 Overall, our results of $\delta^{13}\text{C}$ and N/C from the Aiguillon Bay support previous findings that allochthonous
630 carbon of marine origin prevails in long-term OC accumulation of minerogenic marshes (e.g., Mueller
631 et al., 2019; Van de Broek et al., 2018). Although the surface OC pool is for the most part of
632 autochthonous origin, only a small fraction remains preserved with sediment depth, thus contributing
633 to long-term carbon sequestration in the Aiguillon saltmarshes, which rate average $2.5 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$.

634 Although the implications for C-crediting approaches has yet to be clarified (e.g., Mueller et al., 2019),
635 the ability of coastal ecosystems to trap and store large amounts of allochthonous carbon from
636 adjacent ecosystems remains a major asset with respect to the carbon sink function (e.g., Jennerjahn,
637 2020). Our results imply that the wealth of the long-term carbon sequestration rates in minerogenic
638 coastal marshes does not only depend on the marsh morphological evolution and the OC burial
639 capacity of the vegetation. It also depends on the quality of coastal ecosystems at a larger scale, which
640 includes nearshore waters and mudflat primary productivity. This calls on the need for more
641 integrative coastal science, in which saltmarshes are considered as part of a coupled mudflat-marsh
642 system, for instance (Schuerch et al., 2019). This coupling was emphasized among the top-ten pending
643 questions to help prioritize the future of blue carbon science (Macreadie et al., 2019).

644 **6. Conclusions**

645 The saltmarshes of the Aiguillon Bay have shown great ability to cope with sea level rise, by elevating
646 their topography at rates among the highest reported worldwide for these depositional environments.
647 Our results highlighted the key role of sedimentation in providing and in maintaining ecosystem
648 services offered by coastal wetlands. At present, the Aiguillon Bay still holds relatively important
649 accommodation space, which enables it to expand both laterally and vertically at significant rates. The
650 study site has inherited a long history of considerable sediment-fill of the Marais Poitevin, and it is still
651 today characterized by significant sediment accumulation rates and volume gains. This suggests
652 encouraging conditions for the resilience of the saltmarshes of the Aiguillon Bay in the face of future
653 climate change and sea level rise. Nevertheless, as the source of sediment is not known precisely and
654 in what quantity, it remains difficult to predict the future evolution of saltmarshes in the bay.

655 Our findings support previous research showing that marine-derived carbon dominates long-term
656 organic carbon accumulation in minerogenic coastal marshes, while only a small fraction of locally-
657 produced carbon is preserved deeper in the sediment. This suggests that carbon accumulation rates in
658 these saltmarshes depend not only on marsh morphology and vegetation's carbon burial capacity but
659 also on the broader coastal ecosystem, including nearshore waters and mudflat productivity.
660 Integrative coastal science, viewing saltmarshes as part of a coupled mudflat-marsh system, appears
661 essential to better understand carbon dynamics and sequestration rates in these coastal wetlands.

662 Increasing the value and recognition of the key role of intertidal ecosystems were also suggested as a
663 potential lever to help sustain high biological production in coastal ecosystems. In particular, raising
664 public awareness through communication of scientific knowledge can play an important role for
665 integrating adaptation and mitigation options (IPCC, 2022). Among the multiple supports,
666 popularization of science intended for the general public have shown to be particularly efficient in this
667 regard (Chaumillon et al., 2019, 2021; <https://pnr.parc-marais-poitevin.fr/la-mer-contre-attaque-le-nouveau-show-scientifique-debarque-a-la-rochelle-mardi-26-novembre-2019>). Another way to
668 increase the value of intertidal ecosystems is through the prism of natural heritage. The
669 transdisciplinary consortia in which this study is framed by (ANR Project PAMPAS: *'Evolution of the*
670 *Heritage Identity of the Pertuis Charentais marshes in response to the hazard of marine submersion'*),
671 may enable to open such perspectives.
672

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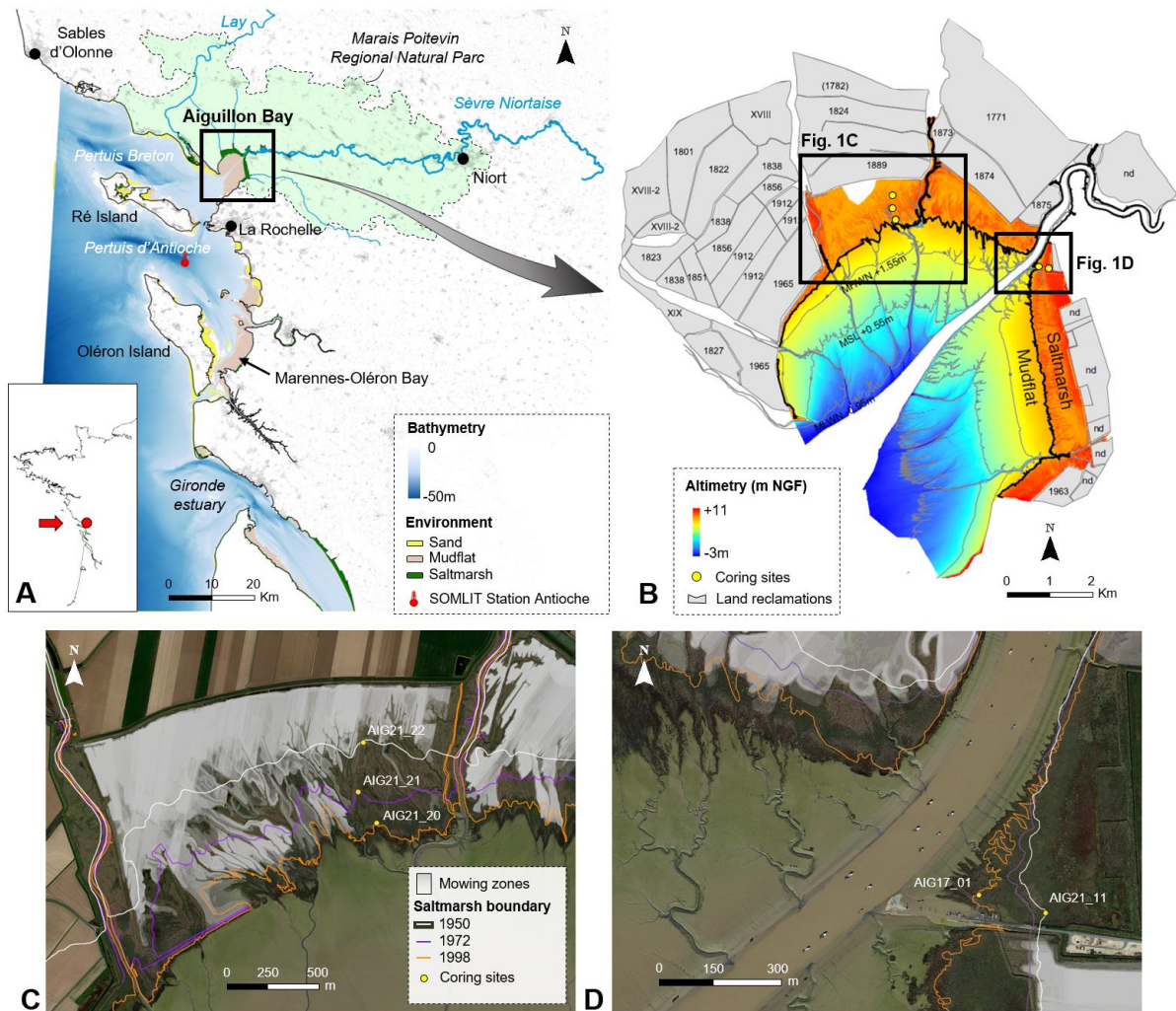
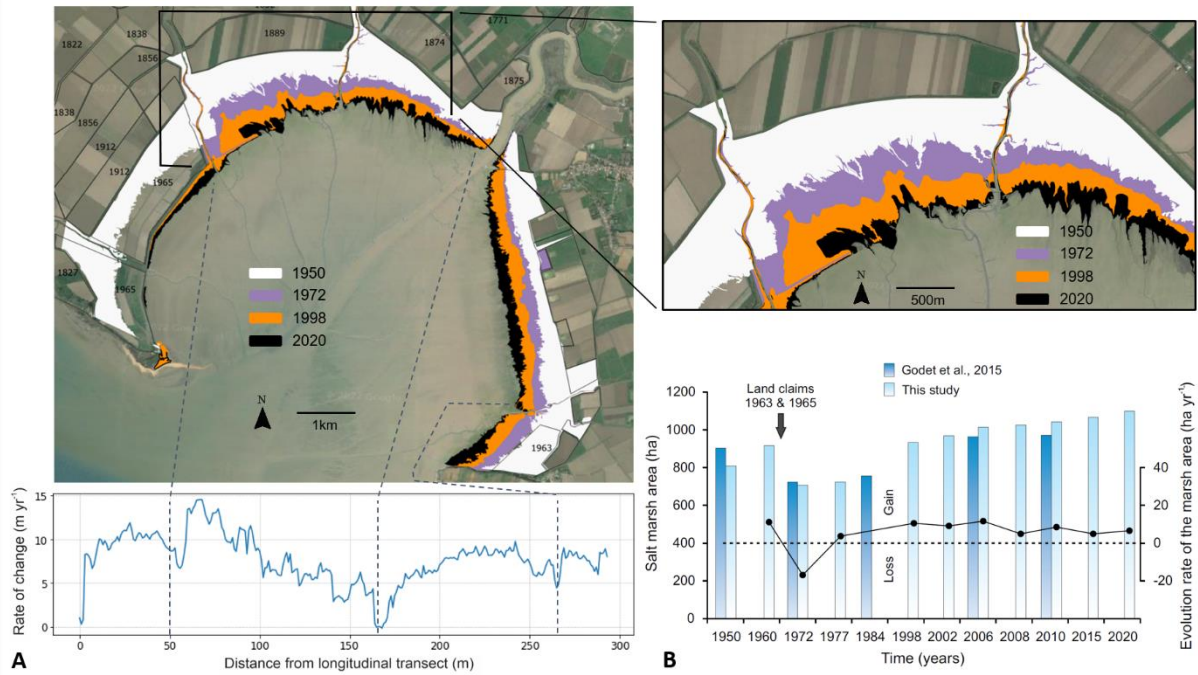
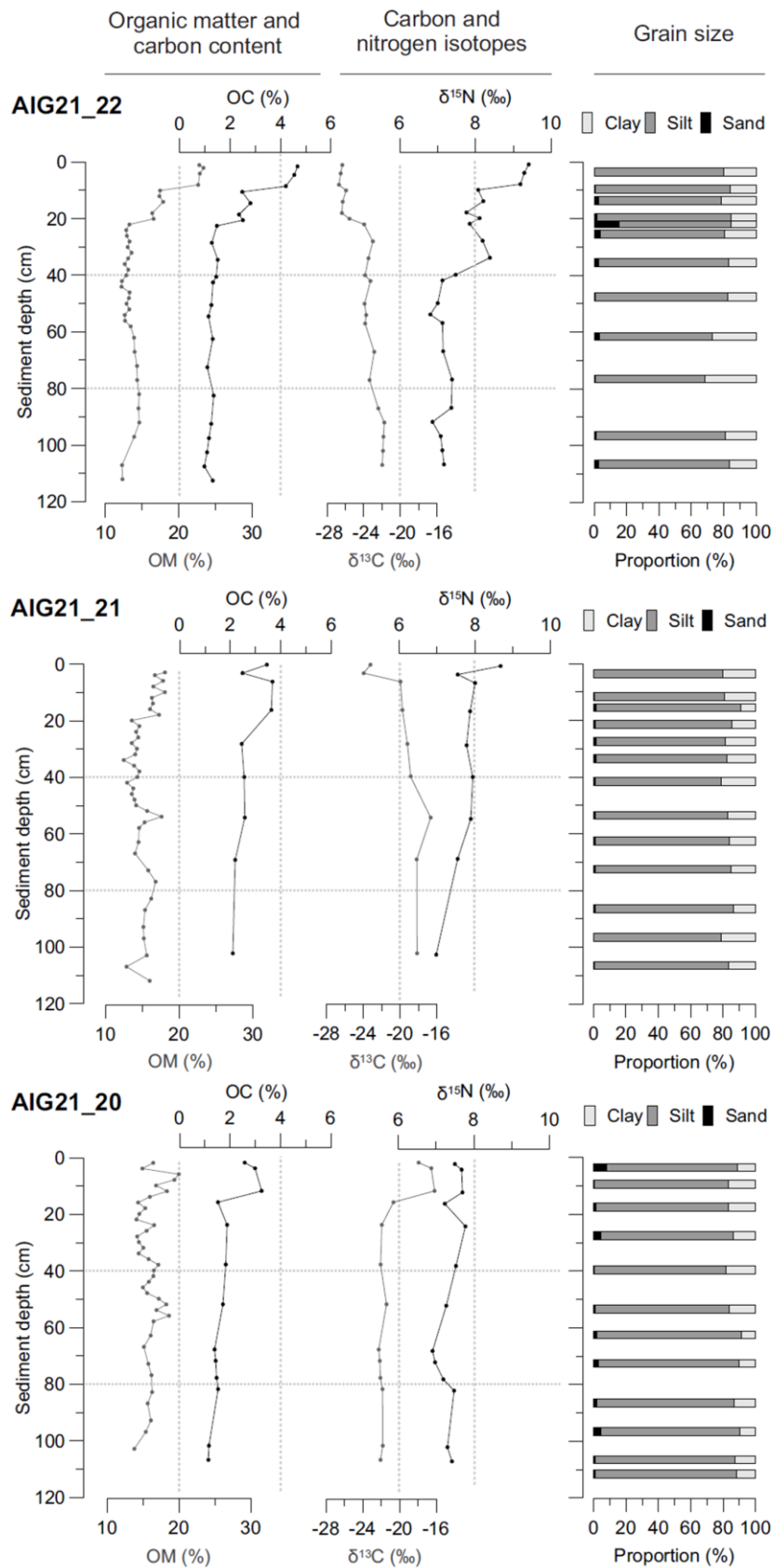


Figure 1 **A** Location of the study site on the French Atlantic Coast, integrated in the Marais Poitevin Regional Natural Park. The coastal bathymetry was downloaded from the SHOM (<https://diffusion.shom.fr/>). **B** Topography of the Aiguillon Bay in 2021, placed in the history of land reclamation mapped by Godet et al., (2015). **C** and **D** Satellite images showing the location of the coring sites along cross-shore transects in the bay North and East, respectively. The coring sites were chosen outside the mowing areas (gradual gray zones), and on a historical saltmarsh boundary.



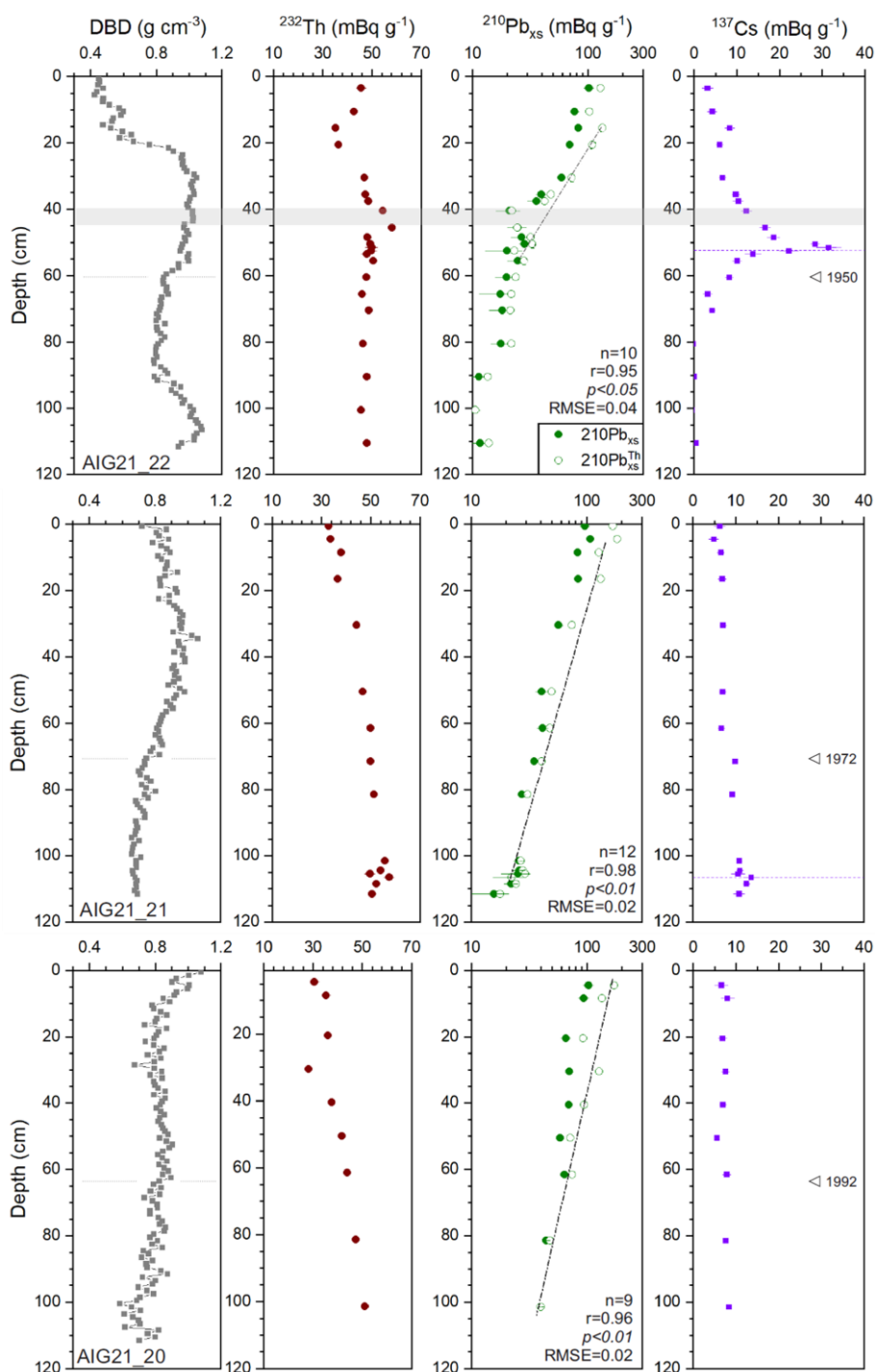
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Figure 2 Evolution of the saltmarsh boundary and area since 1950. **A** (*upper*) spatial progradation of the saltmarsh area, and (*lower left*) progradation rates (in m yr⁻¹) calculated along a longitudinal transect for the period 1950-2020. **B** Temporal evolution of the saltmarsh area (in ha) and rates of change (in ha yr⁻¹), for the whole bay. The vertical arrow marks the most recent land claims in 1963 and 1965, which induced an important reduction in the saltmarsh area. Data are from this study and Godet et al. (2015).



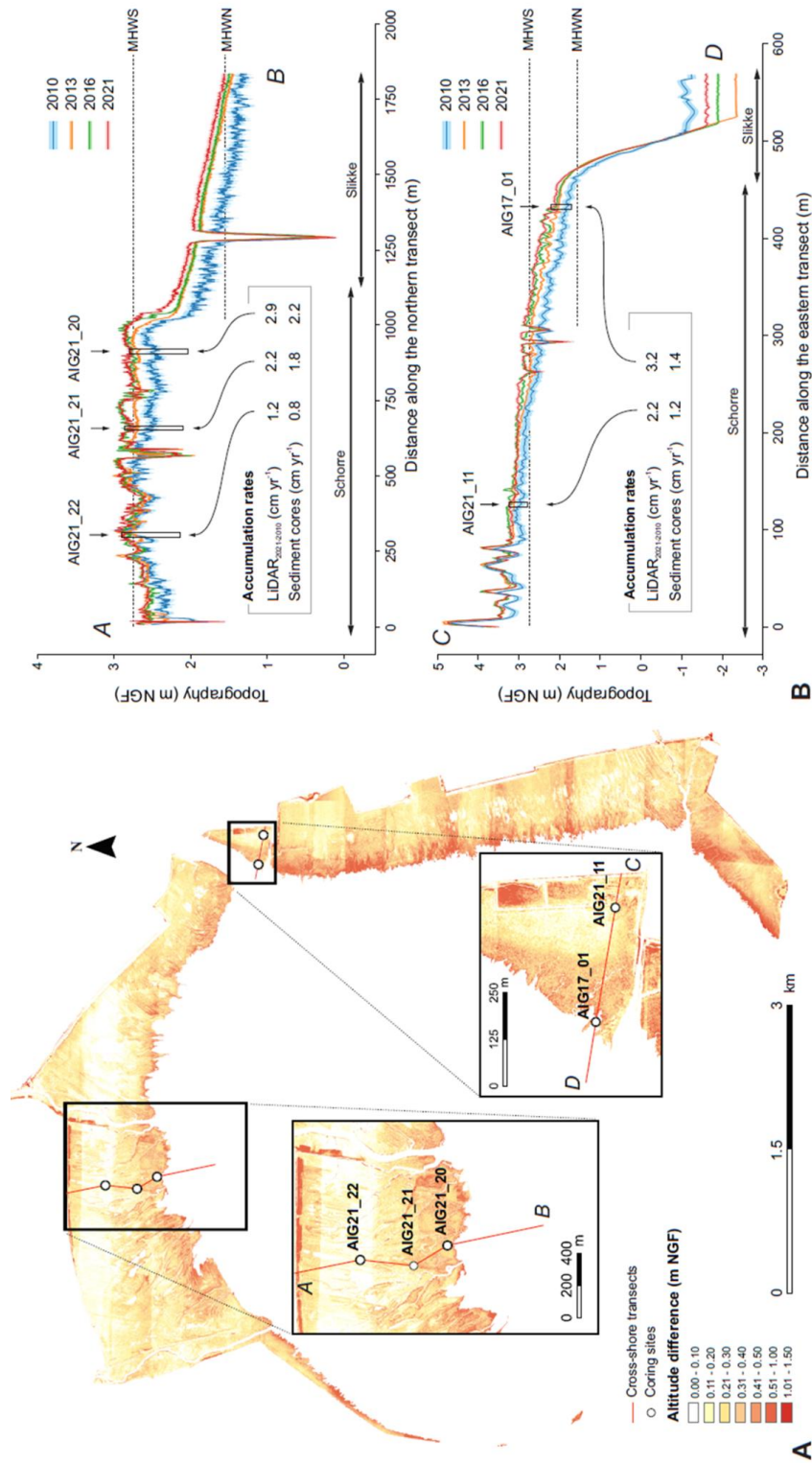
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988 **Figure 3** Downcore profiles of OM and OC content, carbon and nitrogen isotopes, and grain size
 989 fractions of the three cores of the northern transect. The grain-size distribution of each sediment
 990 samples (*light gray*) and the average per core (*black*) are also presented.



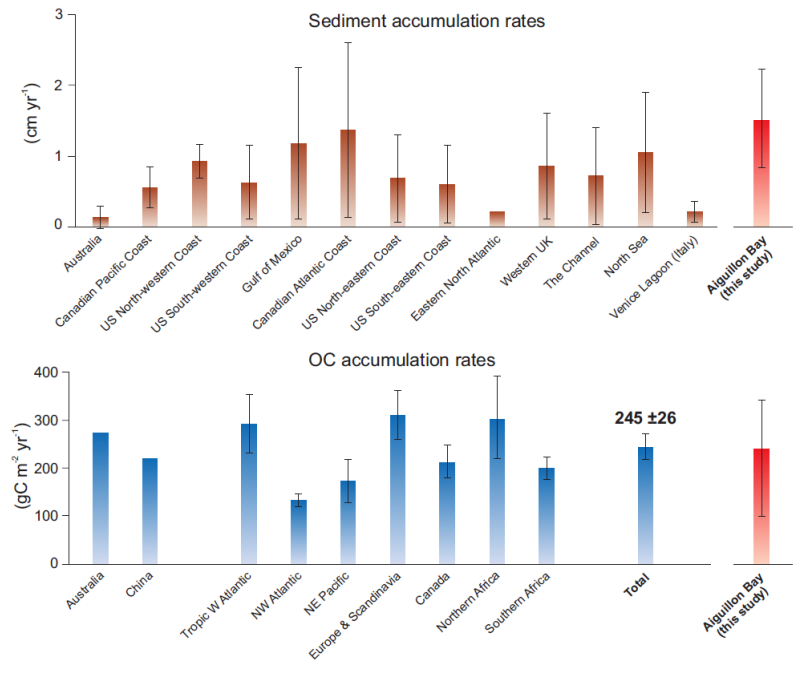
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993 **Figure 4** Profiles with sediment depth of dry bulk density (DBD; gray), ²³²Th (red), ²¹⁰Pb_{xs} and ²¹⁰Pb_{xs}Th
 994 (filled and empty green circles, respectively), and ¹³⁷Cs (purple) for the three cores of the northern
 995 transect. The exponential regressions from the ²¹⁰Pb_{xs}Th profiles are used to calculate sediment and
 996 mass accumulation rates. The gray horizontal rectangular in the AIG21_22 profile highlights an
 997 anomaly in ²¹⁰Pb_{xs}. The corresponding layer thickness was subtracted to produce an event-free ²¹⁰Pb_{xs}Th
 998 profile from which sediment accumulation rate was calculated. The dates on the y-axis correspond to
 999 the saltmarsh boundary (reconstructed using aerial photographs and satellite images) on which the
 1000 sediment core was retrieved. It marks the transition with depth between a tidal flat and a saltmarsh
 1001 environment.



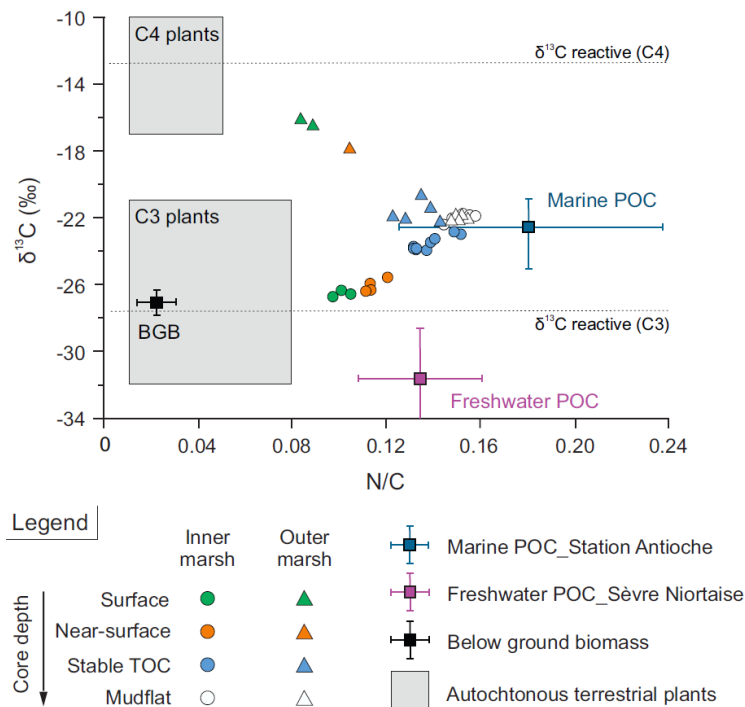
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1003 **Figure 5** Mapping of the vertical evolution of the saltmarsh in the Aiguillon Bay using LiDAR data. **A**
 1004 DEMs difference between 2021 and 2010 with the location of the coring transects. **B** Topographical
 1005 changes along the two cross-shore transects for the four different years of LiDAR acquisition. Lower-
 1006 elevation peaks in the profiles mark the presence of channels and/or creeks crossed by the transects.
 1007 The coring sites are also reported on the topographical evolution of the transects, thus allowing a direct
 1008 comparison with ²¹⁰Pb-based accumulation rates [note that LiDAR accumulation rates (cm yr⁻¹) are
 1009 calculated for the period 2010-2021; Table 2]. MHWS, and MHWN dashed lines represent the level of
 1010 mean high water springs and mean high water neaps, respectively.



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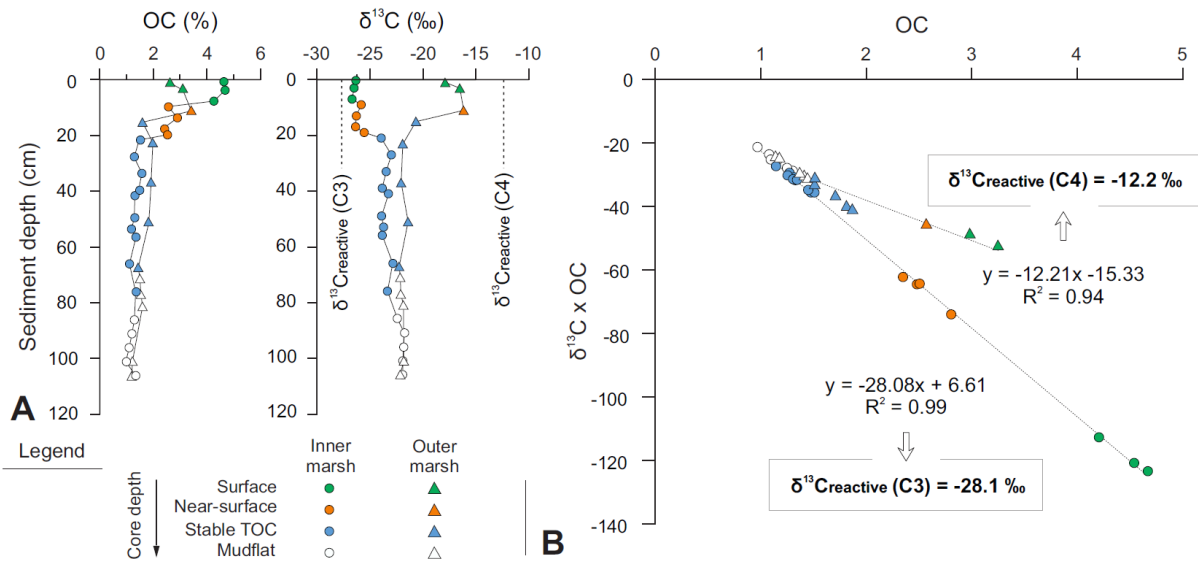
1012 **Figure 6** Comparison between the Aiguillon Bay (red bars) and other saltmarsh studies: for sediment
 1013 accumulation rates from temperate regions (upper panel), and OC accumulation rates from other
 1014 regions worldwide (lower panel). This figure was built using review data from Giuliani and Bellucci
 1015 (2019) for sediment accumulation rates, and from Ouyang and Lee (2014) for OC accumulation rates.



1016

1017 **Figure 7** Comparison of $\delta^{13}\text{C}$ and N/C signatures of the Aiguillon saltmarsh sediments to OM sources.
 1018 The use of the N/C ratio instead of C/N allows better separating the OM sources, graphically. Sediments
 1019 are classified according to the position of the core on the saltmarsh: inner (*circles*) and outer
 1020 (*triangles*), and to the depth in the core. The potential OM sources considered are: (i) freshwater POC
 1021 from upstream the Sèvre Niortaise, in Marans (*purple square with error bars*; Richard, 2000); (ii) marine
 1022 POC in the Pertuis d'Antioche (*blue square with error bars*; SOMLIT data); and (iii) C3- and C4-based
 1023 autochthonous OM from saltmarsh (Lamb et al., 2006 and references therein). The signature of below-
 1024 ground biomass from the inner marsh is also reported (BGB, *black square with error bars*; this study).
 1025 Horizontal dashed lines refer to the isotopic signature of reactive sedimentary OC dominated by C3
 1026 and C4 plants (*cf. Fig. 8b*).

1027



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1029 **Figure 8** Elementary and isotopic signatures of saltmarsh sediments for the landward site (*circles*) and
1030 the seaward site (*triangles*), colored according to sediment depth. **A** Depth-profiles of OC and $\delta^{13}\text{C}$.
1031 Mudflat and marsh samples characterized by stable OC differ significantly from surface and near-
1032 surface samples by their OC content and $\delta^{13}\text{C}$ signature. **B** $\delta^{13}\text{C} \times \text{OC}$ against OC used to determine the
1033 signature of reactive OC as proposed by Komada et al. (2022). The slopes derived from cores of the
1034 inner and outer marsh suggest a $\delta^{13}\text{C}_{\text{Reactive}}$ of -12.2 ‰ and -28.1 ‰ for sediments influenced by C4
1035 and C3 vegetation, respectively.

1036 **Table 1** Data compilation by site for the saltmarshes of the Aiguillon Bay, with sediment accumulation
 1037 rates (SAR in cm yr^{-1}), mass accumulation rates (MAR, in $\text{g m}^{-2} \text{yr}^{-1}$), OC content (in %), and OC
 1038 accumulation rates (CAR, in $\text{g m}^{-2} \text{yr}^{-1}$). The error bound to sedimentation rates refers to the
 1039 propagation of the error on the slope the ^{210}Pb exponential regressions. * Cores were too short to
 1040 observe the ^{137}Cs peak; ** SAR and MAR are based on $^{210}\text{Pb}_{\text{xs}}$, without Th standardizing.

1041

Site	Core coordinates		^{137}Cs peak position		SAR		MAR		OC	
			depth (cm)	cumulative-mass (g cm^{-2})	based on ^{137}Cs	based on $^{210}\text{Pb}_{\text{xs}}$ Th	based on ^{137}Cs	based on $^{210}\text{Pb}_{\text{xs}}$ Th	content (%)	CAR ($\text{gC m}^{-2} \text{yr}^{-1}$)
					(cm yr^{-1})	(cm yr^{-1})	($\text{g cm}^{-2} \text{yr}^{-1}$)	($\text{g cm}^{-2} \text{yr}^{-1}$)		
Northern transect										
AIG21_20	46.311111	-1.17439	> 112 *	> 90.5*	> 1.91*	2.22 ± 0.32	> 1.55*	1.83 ± 0.30	1.86 ± 0.16	340 ± 29
AIG21_21	46.31292	-1.17615	106.5	88.3	1.82	1.85 ± 0.09	1.51	1.50 ± 0.07	2.49 ± 0.03	373 ± 5
AIG21_22	46.31591	-1.17592	51	41.8	0.87	0.84 ± 0.06	0.71	0.74 ± 0.05	1.44 ± 0.15	107 ± 11
Eastern transect										
AIG17_01	46.303183	-1.13131				1.41 ± 0.19		1.24 ± 0.20 **		
AIG21_11	46.30252	-1.12912	> 36 *	> 25.2 *	> 0.61 *	1.24 ± 0.26	> 0.43*	0.86 ± 0.12	2.12 ± 0.56	182 ± 48

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1044

1045 **Table 2** Evolution through time of the sediment volume gain (in m^3) and sediment accumulation rates
 1046 (in cm yr^{-1}) in saltmarshes of the whole bay inferred using LiDAR data. Values are calculated for the
 1047 entire instrumental period (2010 to 2021) and more recent periods (2013 to 2021, and 2016 to 2021).

	2010 – 2021 (entire instrumental period)	2013 – 2021	2016 – 2021
Sediment volume gain (m^3)	1 419 043 ± 458 732	426 251 ± 213 116	216 426 ± 267 440
Salt marsh area in 2021 (m^2)	11 000 200 ± 1 200	11 000 200 ± 1 200	11 000 000 ± 1 200
Sediment accumulation rate (cm yr^{-1})	1.17 ± 0.38	0.48 ± 0.24	0.39 ± 0.49

1048