# Factors associated with vaccine adherence among an underserved population: the adult Travellers in Nouvelle-Aquitaine, France 

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Background: A measles epidemic affected the Nouvelle-Aquitaine region from November 2017 to May 2018 with clusters among Travellers. This indicates that measles vaccination rates among Travellers remain lower than in the general population. The objective of this study was to estimate the 'declarative vaccination' against measles, mumps and rubella (MMR) and to propose a conceptual framework to help identify determinants of MMR vaccination uptake among adult Travellers in Nouvelle-Aquitaine in 2019-20. Methods: A cross-sectional study using random sampling was performed and included 612 adult Travellers from 1 November 2019 to 31 March 2020. A conceptual framework to model vaccination adherence was tested among this underserved population by using structural equation modelling. This model included five latent variables: health literacy, attitudes toward preventive measures, stigma, accessibility to care and perceived needs and five measured variables: information received on vaccination, perception of barriers, support for administrative documents, social support and housing conditions. Results: Individuals who did not answer all the questions linked to the variables included in the model were excluded, thus 347 adults were included in the final sample. The declared vaccination rate against MMR was $74.0 \%$, and $72.4 \%$ of the participants were favorable to vaccination. Vaccination adherence was significantly correlated with favorable attitudes toward preventive measures such as having a history of MMR vaccination and not having already refused a recommended vaccine and finally satisfactory information received on vaccination. Discussion: To improve vaccination adherence, health authorities should lean on personal history with vaccination and on transmitting information on vaccination.

## Introduction

The term Travellers refers to those who live and move around in mobile dwellings or those likely to be mobile, for all or part of the year, i.e. nomads and sedentary people who claim to be travellers. Approximately $250000-300000$ people were recorded in France in 2019 (6-8 million in Europe). ${ }^{1}$ Their health status is worse than that of the general population ${ }^{2}$ and they have difficulty accessing health care. A national study that collected census and health data from 10618 Traveller families in Ireland in 2010 found that they had a mortality rate 3.5 times higher than the general population. ${ }^{3}$ The 1987 national study of Travellers' health status in Ireland reported a lower life expectancy for Irish Travellers: women 11.9 years and men 9.9 years lower than the non-Traveller population. ${ }^{4}$ The use of healthcare and in particular vaccination coverage remained lower than in the general population. ${ }^{5}$ Insufficient vaccination coverage can explain the occurrence of epidemics, such as the measles outbreak in Nouvelle-Aquitaine in 2017, where many clusters occurred among Travellers. ${ }^{5}$ People born since 1980 should have received two doses of the trivalent vaccine available in France, regardless of the history of the three diseases. ${ }^{6}$ No accurate data were available in France, not only concerning the estimation of measles vaccination coverage among adult Travellers but also concerning the factors that
could influence their motivation and adherence to vaccination. ${ }^{5}$ However, Travellers are subject to a combination of economic, social and cultural determinants that may influence their motivation to seek vaccination.

Multiple determinants are involved in vaccine intention and adherence. Behavioral theories include the notions of severity and vulnerability, the confidence in preventive measures; the perception of the usefulness of vaccination, social norms and other contextual determinants. Contextual situations are an issue for underserved populations. Thus, the theoretical conceptual model of Andersen and Newman in $2000^{7}$ (Supplementary appendix S1) takes into account predisposing factors, limiting factors and healthcare needs that influence health behaviors, i.e. hesitancy, adherence and intention to vaccinate, and ultimately the use of vaccination. According to the literature, predisposing factors such as age, gender and education level are major factors in vaccine adherence. Attitudes toward preventive measures are a key construct in the decision-making process ${ }^{8}$ and include having a personal history of vaccination or perceived susceptibility to disease ${ }^{9}$ health literacy, that is associated with knowledge, motivation, and skills in applying health information to make daily decisions regarding care. ${ }^{8,10,11}$ Stigma also affects vaccine adherence. ${ }^{10,12}$ The factors limiting healthcare utilization include geographic accessibility (the ability to access health services), financial or
economic accessibility, ${ }^{13}$ and digital accessibility. ${ }^{14}$ Information received is also a factor in vaccine adherence and can also be influenced by attitudes toward preventive measures. ${ }^{7}$ Similarly, the lack of support for administrative procedures is also a limiting factor that affects the motivation to use vaccination. Finally, perceived health needs also influence the motivation and vaccine adherence. ${ }^{7}$ The objective of this study was to estimate the 'declarative vaccination' against measles, mumps and rubella (MMR) and to propose a conceptual framework to help identify determinants of MMR vaccination uptake among adult Travellers in Nouvelle-Aquitaine in 201920.

## Methods

## Population and study design

The study on the health status and healthcare use of Travellers in Nouvelle-Aquitaine is a cross-sectional study, conducted from 1 November 2019 to 31 March 2020, and then from 15 October 2021 to 31 March 2022 (after an interruption due to the COVID-19 health crisis and France's lockdown). We chose to focus only on the first phase of this study because the impact of the COVID-19 crisis could influence the results especially the vaccine adherence and vaccine hesitancy.

The first phase included 612 adults and 211 children and the second phase included 418 adults and 126 children. The inclusion criteria were being an adult Travellers (18 years and older), living or had lived in mobile residences, residing in the four selected departments (Gironde, Charente-Maritime, Charente and Creuse) and being known by the local associations of the network of the National Federation of Solidarity Associations for Action with Gypsies and Travelers (FNASAT). The choice of these departments was based on several criteria: the density and diversity of Traveller families, the presence of associations and the consideration of territorial contrasts. The exclusion criteria were the lack of proficiency in the French language and having a place of residence unknown to the associations.

A complex three-stage random sample design was carried out, with the first stage being the living areas (drawn at random by a simple random sample) from among all the living areas in our sampling frame. Living areas were defined by the type of housing according to the Ethos grid (European Typology on Homelessness and housing exclusion) grouping precarious and illegal housing, precarious housing, inadequate housing and adequate housing (Supplementary appendix S2). For the second stage, households were drawn at random from the total households present in the living areas. Finally, for the third stage, one adult was randomly drawn from all adults present in the household.

## Data collection

A pseudonymized standardized questionnaire was administered face to face by a trained social worker. The questionnaire allowed the collection of variables related to demographic and socio-economic characteristics, working and housing conditions, mobility, accessibility and use of healthcare.

## Estimated declarative MMR vaccination

Full MMR vaccination coverage corresponds to two doses of the vaccine to ensure full protection. Vaccination status was determined by self-reported information provided by the individuals themselves through the following question: 'Are you vaccinated against measles, mumps, rubella (MMR vaccination) and if yes, how many doses?'.

## Vaccination behaviors

To identify vaccination behavior, the variables hesitation and vaccine adherence were considered.

The vaccine hesitancy variable was collected by asking 'Have you ever decided to delay a vaccine recommended by your doctor for yourself because you were hesitant to vaccinate?'.

The criterion for vaccine adherence was to be favorable to vaccination. This qualitative binary variable corresponds to the question 'Do you generally favor (or agree with) vaccination?'.

## Conceptual framework

The theoretical conceptual model of Andersen and Newman in $2000^{7}$ entitled The Behavioral model for vulnerable populations was mobilized. Age, gender and education level were included in the model as confounding factors (figure 1). Our model includes facilitating variables such as health literacy, administrative support, accessibility to care, perceived needs and information received on vaccination, and limiting variables such as attitudes toward preventive measures, stigmatization, and type of housing.

## Construction of the conceptual model

We identified 5 latent variables including 16 indicators (observed variables from the questionnaire) and 5 observed variables not indicative of latent variables (table 1).

## Statistical analysis

Structural equation models (SEM) were used to represent, estimate and test relationships between a set of variables. These variables can be observed variables, i.e. measured in the questionnaire, or unobserved variables, called latent variables, which represent concepts constructed from observed variables. The model included five latent variables (satisfactory level of health literacy, attitudes toward preventive measures, stigmatization, accessibility to care and perceived needs) and five observed variables (satisfactory information received on vaccination, good perception of barriers, social support, support for administrative documents and type of housing).

Each prevalence and mean calculation was weighted and poststratified on sex. As recommended by the SEM method, we analyzed the weighted covariance matrices of the observed variables of each latent variable. The pairwise correlations had to be $>0.30$, otherwise the variable was not retained in the model. Next, we checked the unidimensionality of each variable using a 'Scree-plot'. This allows us to visually assess the number of factors that explain most of the variability in the data and to determine the dimensional structure of a latent variable. ${ }^{15}$ In order to test the correlation between each observed variable and the latent variable to which it belongs, a confirmatory factor analysis was performed. ${ }^{15,16}$ All estimates were weighted and post-stratified on gender. The goodness of fit of the model was checked by the comparative fit index $(\mathrm{CFI}>0.90)$ and the root mean square error of approximation (RMSEA $<0.08$ ). Analyses were performed on R software version 4.1 .0 with the 'lavaan-survey' packages for SEM estimation and with the WLSMV estimator.

## Results

## Characteristics of the population

The participation rate was $74 \%$ (Supplementary appendix S3). Among the 612 participants included in the first phase, 265 people were excluded because they did not answer all the questions linked to the model. Thus, the final sample size was 347 adults. The included individuals for analyses were similar to the excluded study population (Supplementary appendix S6).

The socio-demographic and the housing and mobility characteristics of the participants are presented in table 2. The participants were 42.5 years old on average with a range from 19 to 89 years with $51.7 \%$ of women and $48.3 \%$ of men. Regarding marital status, those who were in a relationship represented $73.7 \%$ of the participants. Regarding education, half (53.9\%) of the participants had regular


Figure 1 Conceptual model of the determinants of vaccine adherence. Study on Travellers' use of healthcare and state of health in Nouvelle-Aquitaine in 2019-20

Table 1 Latent variable construction

| Latent variables | No | Indicators |  |
| :---: | :---: | :---: | :---: |
| Attitudes towards preventive measures | 1 | Self-reported MMR vaccination | No/Yes |
|  | 2 | Refusing a recommended vaccine | Yes/No |
| Perceived needs | 3 | Perceived health status | Poor/Average/Good |
|  | 4 | Perceived financial status | Debt/Fair/Comfortable |
| Stigma | 5 | Experiencing violence because of one's origins | Often/Sometimes/Never |
|  | 6 | Discrimination in care situations | Yes/No |
|  | 7 | Frequency of violence due to origins | More than 4 times, 2-3 times, 1 time, 0 times |
| Access to primary care | 8 | Geographical accessibility | No/Yes |
|  | 9 | Accessibility to a doctor | No/Yes |
|  | 10 | Living area | Rural/Suburban/Urban |
| Health Literacy | 11 | I make sure I always fill out the medical forms correctly | Strongly disagree/Somewhat disagree/Somewhat agree/Strongly agree |
|  | 12 | I can follow instructions from health care professionals accurately | Strongly disagree/Somewhat disagree/Somewhat agree/Strongly agree |
|  | 13 | I can read and understand written information about health | Strongly disagree/Somewhat disagree/Somewhat agree/Strongly agree |
|  | 14 | 14. I can read and understand all instructions on how to take medication | Strongly disagree/Somewhat disagree/Somewhat agree/Strongly agree |
|  | 15 | I understand what the health care provider is asking me to do | Strongly disagree/Somewhat disagree/Somewhat agree/Strongly agree |
|  | 16 | Need help reading and/or completing an administrative document | Yes, I can't read/Yes, I'm not sure I understand/No |

school attendance and had a primary or college education. Of the participants, $8.2 \%$ had never attended school. Regarding socioeconomic status, more than half ( $61.6 \%$ ) of the participants reported being unemployed. Thus, $75.2 \%$ were receiving a solidarity income. Concerning the financial situation, $46.4 \%$ had a perceived difficult financial situation. The most common type of housing was precarious housing ( $46.8 \%$ ) and precarious and illegal housing (31.4\%). The caravan remained the most common place of residence for Travellers: $45.5 \%$ of the participants declared living in a caravan and $39.9 \%$ declared living in mixed housing (caravan and buildings). Indeed, half (58.6\%) of the participants travel or change location part
of the year and $73.9 \%$ of those who travel wish to travel more. Among the reasons cited by those who have travelled less than they would like, we found health problems ( $52.3 \%$ ), financial reasons ( $16.5 \%$ ), parking problems ( $12.4 \%$ ) and children's schooling ( $10.4 \%$ ).

The characteristics of participants' access to health care are presented in table 3. Most (97.8\%) of the participants had medical coverage; $85 \%$ had a complementary health insurance (Solidarity complementary health insurance) and $10.4 \%$ had private insurance. Among the participants, $69.4 \%$ declared having received help with administrative procedures. Of those who said they had received help, $85.8 \%$ had received support for administrative procedures from

Table 2 Socio-demographic, mobility and housing conditions characteristics of the study population $(N=347)$, study on Travellers' use of healthcare and state of health in Nouvelle-Aquitaine in 2019-20

| Socio-demographic characteristics | $N$ | $\%^{\text {a }}$ | 95\% Cl |
| :---: | :---: | :---: | :---: |
| Sex | 347 | 100 |  |
| Women | 234 | 51.7 |  |
| Men | 113 | 48.3 |  |
| Age | 347 | 100 |  |
| Average (years) | 42.5 |  |  |
| 18-24 years old | 47 | 9.8 | 6.7-12.9 |
| 25-44 years old | 175 | 50.9 | 44.1-57.9 |
| 45-64 years old | 94 | 31.7 | 25.2-38.1 |
| $\geq 64$ years | 31 | 7.5 | 4.1-10.9 |
| Family situation | 347 | 100 |  |
| In couple | 204 | 73.7 | 68.4-78.1 |
| Single parent family | 60 | 11.0 | 7.2-14.8 |
| Single | 78 | 14.4 | 10.2-18.6 |
| School | 347 | 100 |  |
| Never | 26 | 7.6 | 3.7-11.0 |
| Irregularly | 103 | 38.7 | 31.6-45.8 |
| Regularly | 218 | 53.9 | 46.9-60.9 |
| Family situation | 347 | 100 |  |
| In couple | 235 | 73.2 | 68.2-78.2 |
| Single parent family | 72 | 11.1 | 7.6-14.6 |
| Single | 89 | 14.8 | 10.8-18.8 |
| Level of education | 347 | 100 |  |
| Never | 28 | 8.2 | 4.4-12.0 |
| Primary education | 115 | 40.6 | 33.5-47.6 |
| College/specialized institution | 169 | 43.5 | 36.6-50.4 |
| High school and up | 35 | 7.7 | 4.8-10.5 |
| Work | 280 | 80.7 |  |
| Yes | 187 | 74.1 | 68.4-79.9 |
| Nature of the work | 248 | 71.4 |  |
| Regular | 94 | 36.6 | 28.7-44.6 |
| Occasional | 154 | 63.4 | 55.4-71.3 |
| Employment | 346 | 99.7 |  |
| You are working | 67 | 27.8 | 21.9-33.7 |
| You are unemployed | 228 | 61.6 | 55.6-67.7 |
| You are retired | 30 | 6.48 | 3.5-9.5 |
| Disability-incapacity | 18 | 3.6 | 1.9-5.3 |
| Professional status | 248 | 71.5 |  |
| Employee | 76 | 20.4 | 15.5-25.2 |
| Independent | 66 | 39.8 | 32.8-46.8 |
| Seasonal | 92 | 32.6 | 26.4-38.8 |
| Not reported | 9 | 4.8 | 0.7-8.9 |
| Active solidarity income | 346 | 99.7 |  |
| Yes | 241 | 75.2 | 69.8-80.7 |
| Financial status perceived | 347 | 100 |  |
| Comfortable | 74 | 18.1 | 13.8-22.3 |
| Fair | 118 | 35.5 | 28.6-42.4 |
| Debt | 155 | 46.4 | 39.2-53.6 |
| Perceived health status | 347 | 100 |  |
| Very good or good | 192 | 52.6 | 45.6-59.7 |
| Average, bad or very bad | 155 | 47.4 | 40.3-54.4 |
| Mobility and housing characteristics |  |  |  |
| Type of housing | 347 | 100 |  |
| Adequate/Inadequate | 139 | 21.8 | 19.4-24.2 |
| Precarious | 146 | 46.8 | 43.4-50.2 |
| Precarious and illegal | 62 | 31.4 | 27.9-34.9 |
| Primary housing type | 346 | 99.7 |  |
| Appartement/house | 14 | 1.9 | 0.9-2.9 |
| Construction or similar | 92 | 12.6 | 10-15.2 |
| Mixed housing (caravan and | 126 | 39.9 | 35.0-44.9 |
| buildings or similar) |  |  |  |
| Mobile home (caravan) | 114 | 45.5 | 40.6-50.3 |
| Type of living area | 347 | 100 |  |
| Reception or parking area | 78 | 23.3 | 18.5-28.2 |
| Social or private housing | 99 | 14.6 | 12.1-17.1 |
| Illegal or precarious parking | 56 | 30.3 | 26.4-34.2 |
| Family land | 84 | 26.8 | 21.5-32.1 |
| Rental land | 5 | 1.4 | 0.3-2.4 |
| Other | 25 | 3.6 | 1.9-5.3 |
| In the last 5 years, would you say that | 341 | 98.3 |  |
| You have not traveled at all | 175 | 37.4 | 31.3-43.5 |
| You travel all year round | 15 | 3.9 | 1.7-6.2 |

(continued)

Table 2 Continued

| Socio-demographic characteristics | $\boldsymbol{N}$ | $\%^{\mathrm{a}}$ | $\mathbf{9 5 \% ~ C l}$ |
| :--- | ---: | ---: | ---: |
| You travel part of the year | 151 | 58.6 | $52.4-64.9$ |
| $\quad$ If so, over the past 5 years, | 162 | 97.6 |  |
| $\quad$ would you say that |  |  |  |
| $\quad$ You have travelled as much | 26.1 | $18.7-33.4$ |  |
| $\quad$ as you wanted to |  |  |  |
| $\quad$ You travelled less than you wanted to | 103 | 73.9 | $66.6-81.3$ |
| $\quad$ If less than you wish, reasons | 108 | 99.0 |  |
| Schooling of children | 15 | 10.4 | $4.3-16.6$ |
| $\quad$ Health problems/illness | 40 | 52.3 | $41.2-63.5$ |
| Parking problems | 12 | 12.4 | $4.9-19.8$ |
| Financial reasons | 21 | 16.5 | $8.8-24.2$ |
| Other | 14 | 8.4 | $3.3-13.4$ |

Note: $N$, number of respondents; $95 \% \mathrm{Cl}, 95 \%$ confidence interval. a: Weighted and post-stratified proportion on gender.
associations and communal social action centers. Most participants (88.4\%) lived near an urban center with health and social services and $72.2 \%$ of the homes were served by a transport network.

## Vaccination declaration for MMR

For MMR vaccination, nearly three-quarters of participants (74.0\%; CI: 67.7-80.3\%) declared that they were vaccinated with MMR. Of the 272 adults vaccinated with MMR, $43.8 \%$ declared receiving two doses (CI: 36.2-51.4\%). The main reasons for those not being vaccinated during the epidemic were being unfavorable to vaccination ( $43.7 \%$; CI: 29.3-58.0\%) and having had measles before (19.6\%; CI: 8.9-30.2\%).

For the other vaccinations, $27.3 \%$ (CI: 21.3-33.4\%) of the participants declared their vaccination status not updated because a health professional did not suggest this vaccination (29.9\%; CI: $22.1-37.7 \%$ ), forgetfulness ( $26.2 \%$; CI: 18.5-33.8\%), lack of information (13.7\%; CI: 8.2-19.2\%) or because they are unfavorable to the vaccination (20.9\%; CI: 13.0-28.8\%).

## Vaccination behaviors

The characteristics of vaccination use are presented in table 3. Two-thirds of participants reported having a good level of information about vaccination ( $66.6 \%$ ). Two-thirds of participants did not have a vaccination record (70.7\%).

Regarding vaccine refusal and hesitation, less than half of the participants ( $12.3 \%$ ) had refused a vaccine recommended by a doctor and $46.8 \%$ had hesitated by delaying a vaccine recommended by a doctor.

Among the participants, $27.6 \%$ were unfavorable to vaccination. Of these, $45.7 \%$ were against some vaccinations and $44.5 \%$ were against all vaccinations.

Regarding vaccine adherence, among the 347 adults in the study sample, $72.4 \%$ were somewhat or very favorable to vaccination in general. Vaccination intention for all vaccines in general was $46.3 \%$.

## Measurement model

The weighted correlations between the observed variables of each latent variable ranged from 0.17 to 0.80 (Supplementary appendix S4). "Accessibility to a doctor's office", "Discrimination in healthcare situation", "Perceived health status" and "Perceived financial status" were added back into the model as observed variables not indicative of latent variables. "Perceived needs" were not represented by its chosen indicators and were not maintained. The model fit was acceptable with an RMSEA equal to 0.06 and a CFI equal to 0.73 .

Table 3 Primary care accessibility and vaccination uptake characteristics of the study population ( $N=347$ ), study on Travellers' use of healthcare and state of health in Nouvelle-Aquitaine in 2019-2020

| Accessibility characteristics | $N$ | $\%^{\text {a }}$ | 95\% CI |
| :---: | :---: | :---: | :---: |
| Financial accessibility | 347 | 100 |  |
| Incomplete | 16 | 4.5 | 1.9-7.1 |
| Complete | 331 | 95.5 | 92.9-98.0 |
| Medical coverage | 344 | 99.1 |  |
| Yes | 336 | 97.8 | 95.9-99.7 |
| Supplementary cover | 347 | 100 |  |
| None or in progress | 16 | 4.5 | 1.9-7.1 |
| Solidarity complementary health insurance | 286 | 85.0 | 80.6-89.4 |
| Private insurance | 45 | 10.4 | 6.5-14.4 |
| Health mediation: administrative support | 347 | 100.0 |  |
| Yes | 240 | 69.4 | 63.7-75.0 |
| If so, who? | 238 | 99.2 |  |
| Association and Communal Center for Social Action | 198 | 85.8 | 80.9-90.6 |
| Primary Health Insurance Fund | 6 | 1.4 | 0.3-2.6 |
| Surroundings and family | 32 | 11.7 | 6-15.6 |
| Proximity to an urban center with health and social services | 347 | 100 |  |
| Yes | 304 | 88.4 | 83.4-93.4 |
| Served by a transportation | 347 | 100 |  |
| Yes | 216 | 72.7 | 68.7-76.8 |
| Having a referring physician | 341 | 98.3 |  |
| Yes | 307 | 81.6 | 75.2-88.1 |
| During the last 12 months, seeing a general practitioner/treating doctor at least once | 342 | 99.0 |  |
| Yes | 349 | 85.7 | 80.5-90.9 |
| Failed to seek treatment when needed | 345 | 99.4 |  |
| Yes | 58 | 15.7 | 11.2-20.2 |
| Characteristics of vaccination uptake |  |  |  |
| Perception of a good level of information on vaccination | 347 | 100 |  |
| Yes | 233 | 66.6 | 60.1-73.1 |
| Have a vaccination record | 347 | 100 |  |
| Yes | 117 | 26.7 | 20.7-32.8 |
| None | 217 | 69.1 | 62.7-75.5 |
| No, but keep an up-to-date personal record | 6 | 1.6 | 0.1-3.1 |
| Don't know | 7 | 2.6 | 0.3-4.8 |
| Support vaccination | 347 | 100 |  |
| Somewhat not/Not at all supportive | 75 | 27.6 | 20.9-34.2 |
| Very/Somewhat favorable | 272 | 72.4 | 65.8-79.0 |
| Personal refusal of a vaccine recommended by a physician | 347 | 100 |  |
| Yes | 27 | 12.3 | 6.7-17.9 |
| Vaccine hesitation | 75 | 100 |  |
| Yes | 31 | 46.8 | 31.8-61.8 |
| Self-reported MMR vaccination | 347 | 100 |  |
| Yes | 272 | 74.0 | 67.7-80.3 |
| If yes, number of doses | 268 | 98.5 |  |
| With 1 dose of vaccine | 24 | 6.9 | 3.6-10.3 |
| With 2 or more doses of vaccine | 90 | 43.8 | 36.2-51.4 |
| Don't know | 154 | 49.3 | 41.9-56.7 |
| If yes, MMR vaccination in the | 270 | 99.3 |  |
| 2017-18 outbreak? |  |  |  |
| Yes with 1 dose | 8 | 2.6 | 0.6-4.6 |
| Yes with 2 doses | 10 | 4.9 | 0.3-9.6 |
| None | 244 | 89.0 | 83.2-94.8 |
| Don't know | 8 | 3.4 | -0.1-6.9 |
| If no, reasons for refusing MMR vaccination | 75 | 100 |  |
| Has already had measles | 17 | 19.6 | 8.9-30.2 |
| Is unfavorable to vaccination | 25 | 43.7 | 29.3-58.0 |
| Not aware | 7 | 8.9 | 0.5-17.4 |
| Not proposed by a health professional | 11 | 7.2 | 2.0-12.3 |

(continued)

Table 3 Continued

| Accessibility characteristics | $N$ | $\%^{\text {a }}$ | 95\% CI |
| :---: | :---: | :---: | :---: |
| Other | 8 | 14.1 | 4.8-23.5 |
| Don't know | 7 | 6.5 | 0.6-12.4 |
| Up-to-date vaccination for other diseases | 346 | 99.7 |  |
| Yes, I am sure | 124 | 37.9 | 30.8-44.9 |
| I'm not completely sure or I don't know | 124 | 34.8 | 28.2-41.3 |
| No, I am not up to date with my vaccinations (at least one vaccine is not up to date) | 98 | 27.3 | 21.3-33.4 |
| If not up to date, why not? | 221 | 99.5 |  |
| Against vaccination | 30 | 20.9 | 13.0-28.8 |
| Lack of information | 37 | 13.7 | 8.2-19.2 |
| Not suggested by a health professional | 77 | 29.9 | 22.1-37.7 |
| Forgot | 57 | 26.2 | 18.5-33.8 |
| Other | 20 | 9.3 | 5.8-12.8 |
| Vaccination intention after proposal by doctor today | 221 | 63.7 |  |
| No | 50 | 31.9 | 23.2-40.7 |
| Yes for some vaccines (Hepatitis | 50 | 21.7 | 14.9-28.5 |
| B, flu) |  |  |  |
| Yes for all vaccines | 121 | 46.3 | 37.8-54.8 |

Note: $N$, number of respondents; $95 \% \mathrm{Cl}, 95 \%$ confidence interval. a: Weighted and post-stratified proportion on gender.

## Structural model: factors associated with the use of vaccination

Supplementary appendix S5 presents the final SEM. Vaccination adherence was significantly correlated with favorable attitudes toward preventive measures ( $\beta=0.81, P<0.05$ ). It also improved with information about vaccination ( $\beta=0.12, P<0.05$ ).

## Discussion

## Summary of results

This study shows an MMR-declared vaccination rate estimation of $74.0 \%$ which is much lower than the two-dose immunization coverage of $95 \%$ expected in order to eliminate the disease, ${ }^{17}$ as it is also the case in the general population $(84.0 \%) .{ }^{18}$ This does not therefore make it possible to stop the transmission of the virus and eliminate the disease. ${ }^{17}$ Vaccination adherence in general, characterized by being favorable to vaccination in general, was $72.4 \%$ within the Travellers population in Nouvelle-Aquitaine in 2019-20. Vaccine adherence found among Travellers (72.4\%) was of the same order as that of the general population ( $75.1 \%$ ) according to the 2016 Health Barometer conducted by telephone between January and August 2016 among 15216 people aged $15-75$ years residing in metropolitan France. ${ }^{19}$ In this study, vaccine adherence was assimilated to being favorable to vaccination in general. Travellers in France had lower vaccination coverage for MMR but not necessarily lower adherence to vaccination in general. This can be due to several factors such as vaccination accessibility which can be harder for nomad Travellers, and the type of vaccines. Travellers are more hesitant to certain vaccines, especially multiple/combined childhood vaccines. ${ }^{8}$

The factors identified as associated with vaccine adherence in our study are attitudes favorable toward preventive measures and satisfactory received information about vaccination. Our results are consistent with the literature. According to the Theory of Planned Behavior model, the intention to get vaccinated depends on a number of predictors, including the attitude toward the vaccine, subjective norms for carrying out vaccination and perception of behavioral control of vaccination. ${ }^{20}$ Attitude is defined as 'a learned predisposition to respond in a consistently favorable or unfavorable mannerr. ${ }^{21}$

It refers to the degree to which a person has a favorable or unfavorable evaluation or appraisal of vaccination. Future vaccination strategies should increase perceived susceptibility to the virus in order to help people form intentions and reduce their vaccine hesitancy. ${ }^{20}$ Although attitudes and norms are notably the stronger predictors of intention, information received by health professionals also have a huge impact on influencing vaccination behavior. ${ }^{20}$ Interventions to improve vaccination should strengthen health information, education and communication (IEC) in order to diminish misperceptions and debunk misinformation. Authorities should work with local partners to coordinate vaccination strategies while taking into consideration the importance of building connections with this community.

## Limitations and strengths of the study

The limit of our study is that the participants included in our study were Travellers known to the local associations of the FNASAT network. Also, factors such as perceived benefits, perceived risks and trust in the health authorities could not be identified because this information were not available in the questionnaire used in this study. However, even though this study can only refer to this population, it presents baseline data on Travellers and allows an initial estimate of vaccination adherence and vaccine uptake among this population in Nouvelle-Aquitaine. In addition, the participation rate was high at $74 \%$. Moreover, the methodology used by the SEMs made it possible to consider all the complex relationships between vaccine adherence and personal and contextual variables. The study identified factors on which vaccination strategies can be based, such as the strengthening of favorable attitudes toward vaccination and the improvement of communication, information and education to vulnerable populations, such as Travellers.

## Conclusion

Targeted actions to promote vaccination among Travellers should encourage actions to promote equality and improve attitudes toward vaccination. Interventions that increase the use of immunization must take into account the vulnerabilities of populations far from the health system by adapting IEC (Information, Education, and Communication) interventions according to the factors identified by this study. This means leaning on strengthening communication with information about vaccination to include these populations.

## Supplementary data

Supplementary data are available at $E U R P U B$ online.

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Conflicts of interest: None declared.

## Data availability

The data underlying this article will be shared on reasonable request to the corresponding author.

## Key points

- The use of healthcare and in particular vaccination coverage remained lower among Travellers than in the general population.
- Travellers face a combination of economic, social and cultural determinants that influence their motivation to seek vaccination.
- Vaccination adherence among Travellers is significantly correlated with favorable attitudes toward preventive measures and satisfactory information about vaccination.


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